

Guru Purnima Program 2000
Paramashiva Yoga
Stages Three and Five: Truthiya and Panchama
Talk at the Ashram
July 10, 2000



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Swami: Ok, where we are now?

Student: Number five.

Swami: What? We crossed the Chaturdha Stage?

Clint: You said you would finish the last half of the Third Stage.

Swami: Yea, I'm asking. We finished the Truthiya Stage, the only part, Chaturdha means Fourth Stage. Yeah, can you say that mantra to me? That Fourth Stage Mantra, Virginia?

Virginia: Om sarva sram sram sram
 Sarva shakti
 Sankalpa shakti
 Avahum

Swami: Ok, we are going to Fifth Stage, then we'll come back to the Third Stage, part of it. Panchama. In sanskrit pancha, panch, panchama means five. Generally, in sanskrit if you say...you know that? Panch means five. In entire in the universe, they gave the highest priority for any system of the techniques on the Hindu Tradition, on Indian Tradition mostly. On the Fifth Stage of the Five Elements, they're giving the five fingers normally to the human

beings. Some secrecy is there in the five, number five, by numeralogically, five, five... In *Mahabarat*, how many brothers?

Student: Five.

Swami: Five. They gave a very priority to the five. In this tantrics, the Panchama Stage is a really unbelievable turning point, turning stage to the entire tantrics. Who can really reach the Fifth stage here, they can win Mother Divine in their life. They can win Mother Divine means, they can communicate forever and ever to Her one hundred percent. There is a huge chance...still there is a small chance they can failure but...what are the Fifth Stage techniques, we have to discuss. First every person has to listen very carefully.

How many people don't believe Jesus came to India? How many people don't believe that? How many people believe Jesus came to India? Ok, Monika Lipetz, I'm asking you a question. We can take as much time today, a long time, maybe four, five, six hours continually. Is everybody ready?

Students: Yes.

Swami: Good, thank you. I can't stop in the middle of this one. Why he came to India? You have any idea?

Monika L.: Yes.

Swami: Can you tell a little, just in a...fifty words?

Monika L.: Less. Jesus came to India to get the energy, to get the secret techniques, how to draw the energy, and how to use that to create miracles and to get the highest soul mechanism. I think, many of these techniques he got.

Swami: Is there already any authors who wrote that Jesus came to India? Any books released in the world?

Monika L.: Many.

Swami: Many books?

Philip: Six or seven different books.

Swami: It's already...it's already in the world uh?

Philip: Yes.

Swami: Good. In the global, the supernatural energy vibrations first started to flow from India - that is one hundred percent true. The vibrations, the center point of the supernatural, cosmic energy, the creation it came from India. I explained what type of process he did in his life, what my soul understood, what I heard. I discussed with a lot of my friends, supernatural saints. I experienced a lot of techniques directly what he did in his life. If he did a miracle, what type of energy he had to use. If he did this miracle, what type of siddhi he has to get it.

The type of siddhi he got means, what type of process he had to receive the energy. How much quantity energy he got relies on that. Here, in the Panchama Stage it's one part of avadhuta stage. It's not avadhuta stage exactly, but a part it's avadhuta stage. Avadhuta means beyond the five elements, the water, the fire, the air - all the elements it is in their control. Whenever they want, they can suck it. Whenever they want, they can release it. What I'm going to show a few guys maybe in a couple days, changing the five elements and putting them in one part.

What happens when all the five elements come in one, like a one element? That's called Panchama Stage. Taking five elements, putting in one but all elements making alive. If you put water and fire, it goes off but it's still alive. Putting all the five elements in one, it's called Panchama Stage. How it's possible that mechanism? It's only possible in the universe from saints like Jesus, Mother Mary, Buddha, Shirdi Baba. Such the greatest human beings they did in their life but what my feelings say, they never did intentionally. They never did experiments, whenever the energy hit, like accidentally they did that, they showed that. But practically, intentionally making, sucking all, implementing in one part they never did.

Miracal Energy comes from the five element's energy in one step, flowing from their soul, their body automatically, it's not done with intention or practical implementation as siddic powers are. Once if they started to do, using at that time all the five elements' energy in

one step, at that time step, the miracles started to flowing from their soul, their body, through them automatically the miraculous energy started to flowing - highest healing vibrations. They become highest divine souls in the universe. Their souls are as Gods, as angels, as supernatural persons in the universe - automatically. You understand what I'm saying?

Such types of Earth vibration purification you need to do. If you do the mantra, the Earth Mantra, hundreds of thousands of times, if you're keeping on, even in your car driving, it takes to you that mantra to purify, to originally make it upon commanding. I did certain days, like I gave a certain program. But the avadhuta stages, the people like eighty years until to their body goes, eighty years their duty is to asking the food, eating under the trees, and chanting the prayers, keeping on doing japa, japa, japa...

It means their souls starting to create blessings. Their soul starts to create blessings even though their mind is not doing... they are talking to somebody else, serious conversation, then inwardly their soul starts to chanting the mantra. At that time the soul automatically hooking, whatever is around, the souls, and the spirits and the angels, it has the communication. Who was reading any mantras somewhere else, from your body thousands of miles somebody chanting prayers, your soul can hear it. You understand what I'm saying? Then you can hear somebody chanting.

Same when you become a divine soul and somebody's asking your help. Your soul can hear that, not your monkey mind, your soul. "Please Baba help me. Please, really, really I'm left out. I'm in the middle of the forest. I don't know where to go. Please show me the way." Your soul weeping. He will receive that. He will send the energy to you to guide you, "Ok, come this way. This is one thousand percent secret mechanism. It runs through the energy. It only happens once your soul...you have to create blessings. The blessings means creating highest vibrations, huge japas. Now-a-days the people have many, many different negative ideas, "Swami, if we do this japa what will happen?" Such type of persons, for me there is no answer, it's complete belief and faith.

Practically many, whatever any saint in the universe did, any miraculous person in the universe did, even Shirdi Baba in his history did, unbelievable meditation power, then he changed his power in

four candles: Shakti, Dharma, Shanti, Prema. And he kept that four candles alive and he buried it, he buried it. The villagers found that. When they started to digging it he came, "Please don't distract that, this is my place. I kept my energy here. From here I have to rule entire the kingdom, the universal kingdom. Please, don't disturb those lights." That energy he kept it, that meditation power. The fire he created. Supernatural fire he kept it, his meditation power. It means, once if you charge the highest cosmic energy in you, through your vibration, through your energy, you're getting huge commanding on the five elements. Then automatically your soul can connect to any soul in the universe, any spirit in the universe, any angel in the universe, you can command on the God and the Goddesses, whatever it is - period.

So finally my point here, how to take the five elements into one. That's why from the beginning stages first I gave, in my life the first step I gave, I released the Five Elements' Meditation Techniques. I released the Five Elements. How many people completely know the Five Elements? How many people don't know the Five Elements? Don't know? So, the Five Elements, "Swami you told...just we are listening that prayer.

(Swami chants the Sky Mantra in the Five Elements.)

That prayer we can't hear anywhere in the universe, in the bhajans, on the cassettes, somewhere else, but still it's powerful." It is unbelievable powerful prayer, *Shivayna saha mogatay*, your soul completely surrenders to Shiva. *Shivayna saha mogatay* - completely you surrendered, "You're only the big boss to take care of my soul, oh my dear Lord Shiva." You don't need to chanted all that Shiva prayers, just the soul part to hook the energy. Do you understand what I'm saying? That's why I chose, I programmed that prayer and I released that. I did in my practical life. I saw in the ancient knowledge what they did, what they chose, I did it - unbelievable energy.

So that five elements taking in one pot... What I did in my personal experience life, using the fire every day regularly. When I'm using the fire, I'm telling to the God using the fire element. Using the fire elements, when I'm using that fire, that prayers, when I'm taking the shower using the water element, when I'm walking the ground using the earth element, when I'm peacefully relaxing, using the air prayer.

Then I'm completely taking the sleep, like a log praying the sky prayer and saying thanks to my mom and dad, to Baba, then (snap) take off like a log sleep.

Generally, beginning stage, that's the number one stage, number one step to take the five elements to attach to your soul. Whenever you start to walk, generally your mind makes you to remember, "Ok, chant it, chant the Earth Prayer." Then you started to chant it. Whenever you see the candle light (snap) start immediately...not your mind, excuse me, your soul chant it, that prayer. Whenever I'm thinking the water, generally night times on my bed, or whatever the Chitti's giving, using the fourth channel, Chaturdha, "Right now I'm purifying this water." I'm chanting this prayer in a fraction of some seconds - drinking it. Especially when I'm taking shower...shower that's the best time for yourself to take attachment to your soul. It's very important, your soul getting attached, not the soul getting the commanding on the elements, you have to be attached like a drug addict person to the Elements. You understand, the difference is there?

Wherever you go, always you have to remember the five *pancha bhutas*. It's called the *five pancha bhutas*. *Pancha bhutas*. *Bhuta* means... it's called in sanskrit...*pancha bhutas* means five elements. Same another meaning *pancha bhutas* means five devils. *Bhuta* means devil. There is the two different meanings. *Ghora*, *aghora*, same thing I told two meanings. Your soul has to be attached. Whatever you do, wherever you go, whatever you're doing, the prayers has to be flowing to making your soul to remember, to remember, to remember...

Certain stage, certain point it automatically hooks the energy. If you want to heal somebody through your eyes, you can send unbelievable energy. Once, just if you see, just you can send huge tons of love. Entire your body it's like a five elements' body. Your body's like a *pancha bhuta's* body. Of course your body is already...completely the *pancha bhutas* is in your body. The five elements is in our body. With the five elements, from the five elements our body is made.

Without heat the body can live in the world? A general human body? Without water the body can live? Without meat, it's like a earth, is it possible? Without air, is it possible? Without our brain

Brahma consciousness to the sky, is it possible to live? The brain, the hysteria patient like a nothing, like a simple doll. Everything is a part of a percentage of heat, a percentage of water, a percentage of air. Everything is fixed in our body, it's made from the elements. That we have to produce high powerfully, getting in your control.

To this entire five elements, Shiva energy is big boss. I hope already I told this. That's Shiva, he's always in the burial ground, always meditating on the burial ground. On whom he's meditating? That's the big question to this entire healers, entire meditators. On whom he's meditating? Anybody have any answer? It has to be perfect answer, if it is no answer... who has the hundred percent confident?

Lothar: He's meditating on the five elements in one part?

Swami: No.

Philip: The aghora scriptures say he's meditating on Vishnu.

Swami: No. Hey, two chances is over in the group. There is a third chance, I will give the woman kingdom. Ok, guys. He's meditating on his own wife. Is it amazing? He's meditating on his own wife Shakti. He needs Shakti otherwise he's zero. I'm always on woman's kingdom side. He's meditating on his wife. What he's meditating? Why he's meditating? What is the energy in the burial ground? What type of energy is in the ghat? If we started to think, discuss, in the body, if you're buried in the earth...each person has one type of vibrations in the universe, and each soul has one type of vibrations. Once if they are buried, until to certain circumstance, it depends on that person's soul capacity, it starts to vibrate like a magnet field, the vibrations started to give high magnetic power. For example, if we go on the top of the mountain, peak stage, you start to sit down. What it makes you Paul?

Paul: It makes you a little dizzy. When you're on the peak and look down, it makes you a little dizzy.

Swami: Dizzy. If you're alone yourself, if you are in front of big ocean, a big storm is coming, you're only there alone, you and the ocean, what is your feeling?

Paul: Helpless.

Swami: What?

Paul: Helpless.

Swami: No, only you are... Ok, at the moments what is your feelings? You've the ocean, the vibrations, you're complete alone. What you're thinking? What?

Paul: Peaceful, peaceful.

Swami: You Jonathan?

Jonathan: Fear. A big storm you said. Fear.

Swami: Just you're alone yourself and the big ocean storm is coming. Then generally it's like a psychological, it's not psychological it's the vibrations. It makes you little fear even though you're so strong and brave. In Christmas Program I told it to you, "Lothar't meditate near the ocean," I mentioned certain stage. It sucks your soul energy, the ocean sucks, then the fear started to come out. That's true in ninety percent of the people if you are alone. If somebody is there on the beach, your girlfriend is there, you are alone talking with your girlfriend, that's different. Your attention is on your girlfriend not on the ocean. Her attention is on you, no more fear there.

Here in the ghats if you are alone on the earth, in the ghat earth meditating, the aghoras...here we're entering deeper, deeper stages. In aghoras, generally when they are sucking highest Mother Divine energy... there is a system. All the souls when they died, Shiva has to take care. He has to receive.

Shi - va, Shiva means, there are the two words. In sanskrit, Shi - Va. Wherever the shi, shi means lady in sanskrit too. Va means infinity person - that's the Shiva. That's the male energy. Mother Divine is also there with Shiva. She first receives that soul in her lap, she makes that soul relax, "Ok, that's fine," then she sends to father. When she's receiving, wherever the Shiva is there, she is always...has to be near Shiva. That's why the aghora people, the tantric people, meditate, and meditate, and meditate, and meditate, for a long time in the temples, wherever it is. It takes a lot of time and effort. In the ghats, the burial grounds, that is the holy place to find the

supernatural energy. The God has to come and he has to take care from there to take them to the heaven. So, let's go there, that's the gateway, the entrance to the heaven.

Different religions tells differently. The angels will come to the ghat or the burial ground, they bring the soul. In Indian religion there's certain religion there. They talks...sorry for a little side track but, they talks once if they carry the dead body, they buried it, all the family members crying and weeping and putting the flowers. Once they leave from the dead body, then the angels started to come, "Ok, now all your attachments, your friends, your family members are gone. You're alone, now we are ready to take you to heaven." The angels will come, they'll bring you, they'll go. That's one type of tradition says. But, it's like a similar in the same burial ground, the angels... angels means always wherever the Shiva is there, the angels is automatically around there.

Generally there is the negative feelings in the ghats, in the burial grounds, there is a lot of negative spirits. Negative spirits never ever do harm when you are in the ghat or when you are in the burial ground. It's always in the huge control of the highest angels' power and the Shiva power and the Mother Divine power. That's my personal experience. When I'm in childhood days, practicing my practices, generally I use to sleep on the, what they call these samadhis?

Student: Graves.

Swami: Graves? Graveyards?

Student: Graves.

Swami: Grave, underneath on the platform. Wherever I go, generally my lifestyle, I have a towel even in the car, in big meetings there or not, ninety percent just I make the towel and sleeping. The best sleep on that platform, to be honest that's my experience. Anyhow, I did many, many practical crazy experiments to know what it is. After reading the ancient manuscripts to researching what it is, to know how much of it is fact and truth. Once in that graveyard, the earth, huge vibrations, their bones and their body, their soul, certain spirits are still alive. It will enter there in that graveyard and... what that part called?

Student: Grave.

Swami: Grave... that grave it goes and it comes out, goes and comes out the spirits. Even though he never commands on any soul, any spirits, he never...even though some spirits, some souls turns as a spirits, even if they are staying in the graveyard, still rounding around the Shiva energy. Some spirits have a huge like strong negative energy. It comes out. It goes out. Like a boundaries, fixing, jumping out, going out. Such type of souls turns as a spirits sucking huge negative vibrations, negative feelings to do some crazy things in the world. You understand what I'm saying? It's like when you go fishing with a big net, some fishes through the holes escape. Like that souls turn as spirits.

Again the healer has to go with the nail, fishing, "Come back." Missing souls turns spirits. The missing souls means, who has like the really huge pain, like huge negative thoughts, "I want to do some harm to some persons." Or unfortunately it missed, different categories... if it missed, it turns. We'll come again to point here.

When we have the highest vibrations, the five elements vibrations in our body...how you can feel the five elements is in your control mostly, at least minimum fifty percent. How you can identify your vibrations? Once if you start to close your eyes, you can see clearly big water...the lakes, ocean, river, flowing water, peacefully. A layer of complete vision. You want to see the fire, immediately like campfire burning, pure light coming in your third-eye. If you want to see the air, like a tornadoes, big wind, back and forth, you can start to see. The earth, you can see like a globe. To me, that's my experience. To the sky, the stars and moon huge glorious, infinitude. That is the clear symptoms your soul is attached to the five elements. The visions your seeing in your third-eye.

Here a lot of confusions, "Swami, you told your personal yantra you can find in the third stage, again what are you talking about fifth stage seeing all the elements in the Panchama stage? What is it? That's why I put in a two devise, again we'll come to that third stage again to hook it. Don't confuse here.

Swami: Everybody faces, "Oh my God, why we came here?" Terry?

Terry: No, it's really interesting.

Swami: It's a challenging subject, it's not a kid's subject, it's a challenging subject. Once you started to see the visions, all what I told...if you enter into the graveyard, that's another challenging issue to you. That's biggest turning point to you, either the daytime or night time doesn't matter. In western country's people, I need to know from your side, from everybody's side, what is the feeling if somebody sleeping in the graveyard?

Students: They'll put you in the jail.

Swami: They'll put you in the jail?

Ramakrishna: In America, they don't let you in.

Swami: That's why they...no, generally if you got permission daytime?

Students: Daytime's no problem.

Swami: Ok, daytime fine, doesn't matter. What is the people's feelings if you go and sleeping...I'm not talking about the police men who are around you, generally your friends, what's they're feeling on you?

Students: You're crazy.

Jonathan: Unless they think you're there to visit a dead relative, they think you're crazy if you're there to sleep on a dead body.

Myuri: Or they think you're a spirit too.

Paul: Psychiatric patient.

Swami: What's your feeling Clint Thompson?

Clint: Unbalanced.

Swami: You're smart guy using different words. Ok, anyhow, what is in Germany?

Lothar: They have big walls around the cemetery, so... and they have opening times. You can only go inside certain times and when you're locked in you have to climb across the wall or the grave.

Swami: Humm.

Martin: You have to sneak around so no one can see you if you want to visit the graveyard at night. If they see you going there at dark it's difficult.

Philip: Three hundred years ago in America if you were in a graveyard at night, they would burn you to death.

Swami: I know that stories. India too. Why they burn you?

Monika L.: They did black magic.

Myuri: You were a witch.

Swami: Ok, here it's interesting to the western countries. The world has to understand, after we die we have to go to the graveyard. That's our permanent home to the bodies. If they're thinking crazy, it's the biggest negative feelings whatever the society already gave to the world, but what I recommended we don't need to sleep there. Take some sand from the graveyard. Suppose, any of your relatives, your family relatives, family circle going there, praying certain prayers whatever your prayers, taking a small sand. In front of your lawn, wherever you have the place, taking a vessel, putting that, sealing it, burying it, digging and burying it and everyday your sitting on it like a meditation spot.

Then, even though you're sleeping, you can hear. It depends on your...how much you have the vibrations, how much you hook the five elements. Easily you can start to hear the soul's talkings, their discussions; the angel's singing; highest visions of the angels. It seems a little crazy, "Oh Swami what you're talking about." But that is spiritual formulas. $H_2 + O = H_2O$ – that's water. You understand? Like a mechanism. $H_2+O = H_2O$. It's like the mechanism of the supernatural, connecting the souls and cosmic, the energies. You're intention is you want to hook the souls, the spirits, and the angels and the divine energy.

Once if you start to communicate, you can heal the world unbelievably in a good way. You can do wonders in the universe to heal the world. The people have huge wrong negative ideas, always thinking negative way. That's why you have to change the people's ideas through the angel's power. Who was really stagnated souls, you can kick them, you can send them to the heaven. You can send them to the next life. Is there any one researching centers in America like that. Something you told Ramakrishna?

Ramakrishna: The government agency for paranormal healing. Like moving objects...

Philip: They closed it down. The CIA paid for it for twenty years but...they were trying to get people to spy on Russia. They were trying to get me to come to the program and they were trying to get people who can imagine inside the Russian nuclear bombs what it looks like and all that.

Jonathan: There is one center where they study death in a positive way...death as a transition into another world. And this man, he's a doctor, his name is Moody in New Orleans. He's positive and he interviewed many people who have had near death experiences, almost died and they saw light, or transition, or a tunnel and they almost died and then came back. And he's written about it - many books, best selling books and he's demystifying it, making it more familiar to people and he's got a good reputation.

Ramakrishna: And by the way, in New Orleans is in a state of Louisiana. And Louisiana is a state a little different than other states. Their graveyards they have like...they have healers who live in the graveyard - witch doctors. They're not like black magicians, they heal people.

Swami: Here, it's not the black magician. Forget about that. Burn it. We no need to talk on that. Talk about our friends the angels, the beautiful souls who we can really help the send the spirits back to their homes, the next incarnation. We're the biggest helpers to researching, to send lot of huge love to them to push to the next life. To yourself to experience the God leelas, the God energies. Understand? You have to experience that. Once if you start to experience that, then you're able to see higher level things. Higher level means, in the stages... I'll discuss about that.

So, in the Panchama stage, you can connect very easily to the angels, to the souls. You can have the conversations, discussions. For example, to the Shokan and some people...I made them since thirty-five, forty days practicing some prayers in a one hundred percent divine way, I made them, "Ok, go lay down in the water until to here in the river flowing. (*Water up to the neck*) They have the sandal paste and the coconut. Keeping the sandal paste...to the sandal paste they covered one night to the Baba feet. In the universe it's only me and Baba knows what he has under his knee. The paste they covered to his feet. They took the paste, they put it in the coconut, they made it dry. They took the coconut and they laid down in the water until to here (neck) certain hours complete chanting. Their body is in the water; the coconut is in the air. That coconut to steam...I made them to steam, huge heat for how many hours. Ramakrishna?

Ramakrishna: Three hours.

How many hours Ushi?

Ushi: Six or more hours?

Swami: Six to ten hours minimum. I made to cook huge heat, put the element fire energy, I put it in that. I did some divine huge process to purify that. I laid down. Now they're very close to experiencing lot of supernatural things. Every person has to understand with big heart, with big clear open heart, it's very serious, all your Swami's process one hundred percent pure divine, divinity. Don't give chance even one percent in your mind, if you started to think negativity, I can't help it, one hundred percent it's a divine path.

So, once if you take a sand...you no need to take a sand. At least, take a flower from the graveyard. You have to put it on your ground wherever...in front of your door, on your lawn, wherever it is. Then you choose that as your power spot, meditation spot. Then you meditate. Then tell your experiences what you're dreaming, even though you're a log sleep. Somebody came to you, "Hey, welcome, let's go." They're bringing you to another planet. They're bringing you some beautiful visions, showing you some beautiful things, "Ok guy, again we'll come back." They'll drop you in your body, they'll go back to their kingdom. Its' one hundred percent true.

My students already they're experiencing these things. Some beautiful divine souls coming, pick-upping you. It means you're asking, begging, "Please come show me some experiences whatever it is." On the way, who was really calling, I told it, "Baba help me, I'm in the middle of the forest. Please take care of me." The vibrations automatically it hooks - that's your soul weeping. Baba can hear the soul, then he can send the energy and he will take care of that.

So, in Panchama stage, a flower, a sand, something whatever you really attracted you there, you bring it. You bring it. Then you start to do your process. I'll give the prayer for that:

Panchama Mantra

Om bhagavatay pancha bhuutanam
mama atma suddi rakshamaam

Philip: Sudi or sudhi?

Swami: Sudhi. Sudhi means purifications. Can you repeat Monika Lipetz?

(Swami asks many others to repeat the mantra)

Good everybody got this? It's very, very, very, important prayer in your life. You have to make your favorite mantra. Every person has to determine that. Here...any question in this Panchama stage?

Ganesh: This prayer is it for the process with the stuff from the graveyard or for the fifth stage?

Swami: It's the fifth stage. You have to do 41 days, every day minimum 108 times. Like a mandalam puja, mandalam prayer. Mandala prayer means you have to do 41 days. Mandalam.

Jonathan: Any particular time?

Swami: It doesn't matter. Generally you know the tantrics it has to do by 1 a.m. to 3 a.m. That's the best golden time in the universe.

Martin: When we're picking up one flower from the graveyard, do we put it outside or can we meditate at home?

Swami: You have to...no, even in your bedroom, you have to dig and you have to bury it. The flower, whatever you pick up. Then you never, ever disturb that. You have to keep it permanent.

(Evemarie starts to talk, Swami interrupts jokingly) I'm so sorry, I forgot you're here. Ok, go ahead.

Evemarie: How do we bury our flower if we're living in an apartment on the fourth floor? (Not clear)

Swami: It's a difficult question to answer. Generally you sleep on the cot? On the cot or on the floor?

Evemarie: On the floor.

Swami: On the floor? Can you buy a cot, a small cot like my cot. Ok do one thing. Take a small vessel, like a...whatever you take the sand, put in the vessel. That vessel you put in a flower pot. Then you put a plant on that, you know, small plant. You put under your cot, then you sleep it.

Evemarie: What happens if the plant dies?

Swami: Even though the plant dies put another plant. That sand has to be in that...you know the flower vessel here. You know? It still works, no problem.

Virginia: You have to have a plant?

Swami: Yes, make it alive, making the balance. Using it.

Student: I live on a boat right now. I can figure it out but we're probably going to be moving. How can I take this with me?

Swami: Same pot? In the universe, in my bedroom, continuously nine days nobody can sleep. It's like a biggest challenging. Nine days continuously that energy it makes huge. It makes them so crazy, it's bluzzing, they can't... To me, maximum four, five hours. Then it takes, I come out. Sometimes seven maximum, that much

highest power healing object in the universe. The number one highest healing objects on that stage (Baba's stage). How many people have seen my entire my backside room? What's your feelings when you walk, Clint Thompson?

Clint: I love it back there. I like it very much back there. I love it. The energy is very, very nice.

Swami: Nancy, you have to take care of Clint. What's your feeling Philip?

Philip: Same feeling. It's a very great. The problem, sometimes the energy gets so strong you get a little irritable. You know the energy puts an edge on things, but great.

Swami: Outside here, one type soft, melodious, very soft energy. Once if you started to open the door, walk in...period. Just a period. of subject. So, any questions? Ok, Monika L.

Monika L.: If you take a flower off a samadhi, can you use that or does it have to be a saint from a burial ground?

Swami: Burial ground - don't use for Baba.

Philip: Can you use the burial ground for people who were buried four or five thousand years ago?

Swami: Doesn't matter. Something he got like one billion dollar check. His expression, "Humm, ok."

Marie: I have a question about what you said about meditating near the ocean. I'm not sure I understood correctly. Is it, you said, it's not good to meditate by the ocean?

Swami: I didn't say that, did I?

Marie: Ok, I misunderstood.

Swami: It's in the Christmas program, it's a long back. Go back to Christmas program, study.

Myuri: If we take the sand or the dirt from the burial ground, do we also have to plant something on that?

Swami: You completely misunderstood. If you take a sand, take a small vessel, dig in your lawn, bury it, then make it as power spot, meditate and sleep, use it.

Myuri: But if you're in an apartment.

Swami: In a flower pot, container.

Virginia: Does it matter what kind of material the vessel is made out of?

Swami: Doesn't matter but you have to keep that pot, that container, for ever and ever, for ever and ever with you.

Philip: What if you bury it in the ground and you move? What if you bury it in the ground and you get a new house?

Swami: Again you're carrying that. It will come actually in the third stage the instructions like same, similar. Don't take...very important advice...don't take any the person's cloth, hairs, dress, bones, flesh, nails to using, to connecting. Unless...if he's an unbelievable healer. That's different. You understand?

Student: What would happen?

Swami: You want to connect entire the universe angels, only one person? Simple logic, if you unbelievable healer, unbelievable powerful soul he can make to show automatically everything. For example, Virginia getting...Virginia getting a supernatural thing by grace of Bhagavan we'll see, it means the greatest gift in her life. Any questions? Ok.

Myuri: If you can sleep in the burial ground...

Swami: You no need to go and sleep there.

Myuri: But what if you can, is it ok? Anything special you should do, put down?

Swami: No, don't sleep. I shifted. No, no need to sleep.

Jonathan: You take the dirt from the grave itself, or anywhere in the graveyard.

Swami: Anywhere. That's why I told beginning once if you go each body, go like certain range the vibrations, that's my point. I didn't explain in a clear way but it's started.

Student: (inuadible)

Swami: No, no, that's a blessing. Personally, I'm trying lot of time to my energy when I went to Shirdi Baba's samadhi, meditating, trying to get at least a small boon from his samadhi for myself. Sorry for to say that but...I did it. I did it but I gave to some beautiful friends. Then later, he started little angry on me, then he never gave permission since one year, nearly one and a half years, I'm not able to go to him to see, to touch his samadhi. It means a little interesting how much he loves me. It's different subject between me and Baba.

Myuri: Is he jealous?

Swami: Little fear, maybe, not jealous, it's a making me to... until to...I have to reach...generally my speed is a little fast. It's ok.

Ramakrishna: You started that point I don't know if you finished it. You said once if started to see the visions of the five elements in the graveyard. Was your point, once if you charge that...

Swami: Once if you started to see the five elements' visions, wherever you are, you are the big boss to the angels. The angels is always around you, automatically, natural, common. One thousand percent the angels are around you. Not souls, not spirits, pure divine angels, one thousand percent is around you flowing.

Ramakrishna: How do you tell the difference between spirit and angel?

Swami: Yes, that's a very good interesting question. Spirit, it will...you can start to see hours together. The angels maximum few minutes, the angels never weep. The spirit whenever it comes near to you it's weeping, having pain, somebody crying. You understand.

The angels never ever cry. Big melodious voice, melodious energy, melodious sweet smell, fragrance - that is the symptoms. Good question.

Beate: It's my great grandfather. Is it possible when people die, they try to help you?

Swami: It's a good, it's a good question but why you take your grandfather for to help?

Beate: I never did say you have to be here. (*inaudible – Jonathan translates*) She says she didn't ask for her grandfather, he just came, appeared in her mind.

Swami: It's a good symptoms, huge love.

Beate: He said, "I brought you here..."

Swami: Wonderful. Take as a big blessing. Say to the thanks to the God to him. Same feeling some times my grandmom, she comes to me talking, and talking, and talking, "Ok, thank you so much." Never end process, ok talking and talking, it's natural. Once if we reach that stage, it hooks like a magnet, it makes the hooking then you have to chose to whom you have to deal. Many people ready to help you, "Ok, I'm ready to help you." "Ok, I'm ready to help, you want, you want? Ok." To be honest, it's true absolutely, it depends on your choosing.

Myuri: What's the difference between those spirits who need help to go back to heaven, and those like that person, that spirit, just communicating with you in a nice way?

Swami: If it's coming, completely coming to helping you, that is one hundred percent divine soul. Huge loving divine soul. That soul knows when it goes back to the home. They're asking the permission, "We want to stay a little while in this nature, to be relaxing, then we want to go back to the next incarnation. That is in the third stage categories, once you see how to discussion with the soul. That will come in the third stage. Then once if you discuss, then it will say, "Until to this period of time I have to be free bird. I'm in this planet to whom, wherever I'm going, wherever I'm seeing some persons, I'm helping and I'm going. Lot of souls, spirits, souls, good spirits too

helping on their way when they're going helping, and going helping, and going.

Student: There is the concept that apart from having the personal guardian angel, we also have a spiritual guide. Is that true or is that...

Swami: That's a very interesting question, that's a brilliant question. Here in the third stage, once if you hook your personal yantra and your personal mantra... Now we're jumping in third stage, we're done in fifth stage...shifting third stage, little clarifications in third stage. Once if you hook your personal yantra, seeing all the elements' visions, in the elements' visions each element vision then immediately again you're seeing your personal yantra. Whatever you want to see you can bring your personal yantra and the elements. You understand? Both, similar, paralleling, either one, you can choose you can put it there.

Once if you started to see that, a big, what we call backside of energy?

Student: Aura.

Swami: The aura will start to flow in your back, the energy. It's one hundred percent absolutely true. Once if you hook your personal yantra, your aura, your own, yourself creating huge, that is your personal highest divine protection energy. That's called similarly, the western terms, your guardian angel. You understand? Your own aura is helping you a lot, your own protection vibrations...that's you, you created, or somebody gave shaktipat. Once if they gave shaktipat means, for hours time unbelievable cosmic energy you sucked. It means big aura created. They gave you huge divine energy. Wherever you go, it's protecting. Protecting means that your guardian angel is protecting, your own aura. I'm talking Indian tradition way. That's why wherever you see the divine people, Buddha or Jesus wherever they are, they put in their pictures backside the full moon, the huge light, huge light. So, that's called in western way guardian angel.

Joey: Swami, are you saying, when you're doing with the elements creating the images in your third-eye from the elements, you can take

those five elements and put them into your personal mantra, like place them in there, is that correct?

Swami: No. Suppose I'm seeing a beautiful lake clearly in my Brahma consciousness, "Ok, I did, I enjoyed the lake. I'm bringing my personal yantra." Shhhht. Bringing your personal yantra...ok, enjoying it, "Hey, I'm seeing beautiful light fire," bringing the light. It takes generally your effort, the time and the energy. It's a lot. To make it the circle to you to flowing in your third-eye, gurusthan. You understanding? Then you are the master. You are the master, that is the maximum peak stage.

Once if you did the five stages, the remaining stages...that... everything is in your hands, it's like a ground nuts, you know a ground nuts? You can open like a banana... This five stages like a big coconut. First you have tear out the skin. Then you have to take break. Then you take knife, take the meat. Then you have to grind it with your teeth. Then you have to taste. From the five stages to the twenty one stages, it's like a simple banana, hitting it. Once if you cross sixteen stages, it's like a grape, immediate in a seconds, "oooh" lemonly, sweeter, bitter, you can taste easily.

These five stages really big challenging, really big, big, challenging. There's no chance failure one hundred percent but it depends on your hard work. As of my Indian tradition way, my Hinduism tradition way, I can give guarantee - it depends on your hard work.

Lothar: Swami you said that third stage, from third stage you can go on to twenty first stage. So you don't come to fifth stage? What's the significance?

Swami: Once if you... here it's a very good, interesting question you ask. What I figure out, once if you communicated with the angels, it will...there's a huge chance, I told, it will brings you directly higher stage. You understand? The angels are unbelievable sweet. Once if they started to love you, always flowing around you, once you have the communication, seeing, being able to see, it helps you. The third stage you're hitting the...in the third stage you're hitting the goal. In your spiritual...in a coconut, it's breaking, it's breaking, the water is coming out, sweet water. There's a chance you can hook, directly you can...keeping on asking the different channels to the angels whatever.

There's no proofs, there's no evidence in the history of the spirituality, the angels what they teach each person. Generally once if they connected there are some secret codes to communicate with the higher level, showing higher level techniques. To me I have no permission what I'm getting experiencing, certain things to expose, to release that. It's like a wife and husband, when they're making love, what's happening in the room, it's like a privacy...the angels and between you, what's the angels giving you, what you're receiving, between you and the angels. Until to the master's duty to making you to hook, to make the link, that's it. Then the master says, "Good bye, see you later. We'll meet you there. That's it." Just, "We'll meet you there. I did my job. Then we'll meet you there." Then seeing that.

Martin: Are you talking about angels that are already there or we are getting there?

Swami: You are coming to the December program? You booked your name? Cyndria, he made reservation?

Cindy: Yes.

Swami: At the time you can get that. What yourself you create the energies. Your own aura. In the aura vibrations how you can send it...in the stages...just with your meditation. You don't need to think anybody. You don't need to think anything, just your aura energies. Whole angels will come in your aura. You're meditation...somebody wants to see you as a Jesus, you can appear to them as a Jesus. Somebody appear to you as a Buddha, you can give them as a Buddha. The angels in your aura, it will comes, it will melts, like a rainbow. It will come in the stages. No hurry, man. I have to make you wait, then only it's a thrill.

Beate: Does the guardian angel standing behind you, backing you up?

Swami: See, to be honest...it's very interesting. Many people have different experiences but what I've seen, what I've experienced, what my student's have experienced, the proofs...when we're walking, we're feeling somebody walking behind, certain times. When you're

walking alone yourself, one hundred percent you're feeling somebody walking your back. When you turn, nobody is there.

In 1996, 1997 around that period, I'm walking in my native village in Kaddapa District in Mardabharam, in the big river. Where I sleep, my home, the river is just like half kilometer. Myself I went walking, early morning walk. The sun is rising, just I made a swim. Huge tired. Just walking. At the time I'm practicing communicating lot of channels. When I'm walking the steps, somebody walking back of me. I turn, nobody is there. After 300 feet later, I observed the feet! Then my heart really started huge beating high. I'm alone, it's morning hours. Then you know, it's in the second stage of the illusion. Something is there, but I don't know what it is. Hitting the second illusion...something is there! It's a lot of stories, once if I started to remember.

It means, I can't say it's a guardian angel but particularly in my personal life, our own aura, own meditation power, huge capacity... that is our own biggest energy forever and ever. I already told in the elements, even the ten people sleeping, the cobra is coming. In the middle of persons it's biting, it's running away. Ten persons is sleeping, the snake is coming in, all the persons is around on them, and the tenth person it's biting, that person died. Again the snake comes back and goes away. Is it karma, or leela, or what it is Monika Lipetz? Be comfortable, what it is?

Monika L.: I would think it's karma.

Swami: Why their karma comes? When the karma will suck?

Monika L.: When you're energy circles are very low.

Swami: Absolutely. When your divine energy is low, when your aura is low, then there's a big chance the negative energy can come and hit you. If you have the divine force, the divine energy around you, how can the negative energy come and hit you? Impossible, no chance at all the negative energy can come and hit you there. You have to produce through your prayers, through your love, through your service, through your big helping nature...you have to do, create, huge good karma in your life, then you can suck divine energy around you.

Myuri: If we're doing the processes, those mantras for 41 days, and we don't have results, do we keep doing for another 41 days until it's happening?

Swami: How come you're saying if it doesn't have result?

Myuri: Well I'm wondering, after 41 days for sure you'll see your yantra?

Swami: It means that energy purified with your soul. The soul is purified with that energy then, it's started to build up.

Myuri: What do you continue to build it up with?

Swami: For example, a doctor when he's going to dissect a stomach, a person's stomach. On the layer, they're washing with alcohol, whatever with a cotton, making all preparation. There's no more any bacteria, virus around that skin. They're ready to cut – shhtt. You understand? The soul, after doing certain process, certain period of the time, certain exact time, it purifies automatically, if it failed, then again you have to flow.

Myuri: Because you said it could take up to six months. So are you continuing to do the mantra for six months?

Swami: Hum-hum. There's a huge chance once if you're breaking, unbalance, unworthy, up and down mind, it could take little longer time. Who was continually focusing, "Hey, it's my dharma one hour I have to do meditation, it's my time, jumping and doing meditation, one hundred percent they'll get their experiences, no doubt.

Student: Continue the Christmas Program in addition to this?
(translated)

Swami: Hum-hum. This is, to be honest, this is, who really did the elements, this is the best to them. I recommend after doing the elements to doing this. It's really like a big pushing.

Student: At what point does the guardian angel starts helping you?
(translated)

Swami: Once if you started to... beginning stage... once if you started to meditate, from that point the energy started to point. From that point...once if anybody started to giving you shaktipat, the energy started to flow back to you, no doubt.

Student: In western tradition, angels are shown or displayed with wings. Is that really the energy or the aura when it's coming?

Swami: That's an interesting question. If you want to see the angel like a small child...if you ask the angel, "Please, I want to see like a small kid." it appears like that. If you ask, "I want to see like a horse with wings," it will appear like that. If you ask, "Huge beautiful lady with a wings" it appears. That's true.

Lothar: In the first couple of days when I was not here, when I now study what you taught, I have one confusion what you taught. I have written down that you say, "The new mantras now I'm giving you for the new program Paramashiva Yoga." Please, this will be the mantra never to forget in your life." But then in another part you say, "When you're done with the forty-one days, when you're done with the process, you forget the mantra, you're finished with it." What shall I do? I have a confusion about that.

Swami: Here, once if you did the five stages, once if you saw, once if you sat in the meditation, you started to communicate with the angels, that time you no need to chant any mantras - no need. Once if you...if you reach in your radio certain degrees...in the 99 number, 100 number, if you tune it perfectly...once if you switch on the radio, it's perfectly starting to talking the perfect California station. So, again you no need to go back and forth to putting California station. You understand?

Lothar: Yes, I'm still confused over your asking the group not to forget the mantras.

Swami: The master always says generally, "Forgetting mantras is ignoring the spirituality." Mantra is like a water to the plant, prayer is very important. Of course, to me, my mind is completely thousands of mantras with the crazy - huge back and forth, like a big wind always, like a bird. You understand?

Lothar: I understand what you say but I'm still confused about the two points. Maybe you can help me...

Swami: No, tell me the confusion is?

Lothar: How long the mantra (Swami interrupts)

Swami: How long the mantra necessary?

Lothar: How long the mantra is necessary and then you asked, "Please, never forget the mantra," but then when you say, "It's finished, it's finished." So, what is the point?

Swami: The mantra it makes you forever and ever, innerly highest peace. For example, Gayatri mantra. I know myself, I can't forget it. If ten years I ignore, if I'm flying in the flight, always seeing the visions and everything, "Hey, let me think the Gayatri mantra," then if I gave the ten years gap *Om bhur bhuvah svah...* then I don't know what it is. Then, "Hey, what is that?" Then it makes innerly huge breaking. You understand? Huge breaks, that brings one type of huge unsatisfaction.

I told it here... the Shiva, once he started to meditate his own yantra, he's always thinking maybe he'll forget, lose his personal yantra. That's why he's forever and ever meditating. He's forever and ever for his keeping on the balance of his yantra. We no need to forget, we no need to remember once you did...but it's better to make it alive once we touch important prayers like ten, fifteen, twenty, maximum thirty prayers, it's not a big deal. Thirty prayers is not a big deal, or a hundred prayers is not a big deal. Boom. In our huge life span, years and years, hundred prayers is peanuts. Is it true Virginia Gray?

Virginia: Peanuts. Yes.

Ganesh: Swami, you said your program is like a Phd program. What about...

Swami: Program or problem?

Ganesh: Your program. What about people who are simple minded. There are masters here who say you only have to repeat the name of God, that's enough, then you'll reach God directly. Is it true?

Swami: It's a bhakti way, only devotional way: bhajans, nama smarana, to them it's enough. Who really wants to become a master, powerful healer, who is able to suck their negativity, their pain, suck their negative energy, take care of their souls to help them a lot, you need to study Phd.

Student: Is this called jnana?

Swami: This is called Phd program. Hey, to be honest, this is Phd. This is a doctorate. More than this I can't see anywhere in the universe. Until to I know, there is no more information. It's there but this is...it's enough. It's a biriani.

Student: Swami, two or three years ago you told us that we can chant the mantras of the first five stages together. That we can start with all the five mantras from the first day. Now we have discussed that we need for the fifth mantra certain things like the flower, the dirt, so on.

Swami: I'm making tomorrow a chart, different yantras. When we're sitting in the meditation, making a chart, that's why somebody made the chart there. Making the chart, writing the mantras, what kind of visions generally it comes, where is the turning points, just simply explaining all in a clarifying from here, here, here, here, here putting in one big understanding. So, no hurry.

Student: But my question was, is it ok to chant...

Swami: Yes, at a time we can chant all things. At all a time, we can chant all the prayers. No problem, it's not wasting the time. Twenty one stages we can chant it. Twenty one stages we can chant it. It's no problem if we have the time. Some persons they have peaceful time. Already they're in the seventh, eighth stages, some chanting mantras, and they're seeing certain things. I showed them and its...they're on the middle of the process. Why by forcefully I make them to do very strongly? It has to be slowly pick up. You understand.

In a rice plate, dal, rice, curd and everything, we can eat it very fastly; we can eat it very slowly, eat, spoon, enjoying. Just simply...but everything will go in the stomach but we need to know, we have to

make it step by step. That's the way of...anywhere in the universe, any chapter, any knowledge in the universe, that's advisable.

Ganesh: You taught many things in the last years about the Sri Chakra mantra. Is it now necessary to do this process also, or no longer necessary?

Swami: If you want to know more knowledge, still there is a huge knowledge.

Ganesh: Is it necessary for our knowledge now, to repeat these things?

Swami: Sure. Yea.

Myuri: Are there different angels? Different categories of angels, different types, or just all same angels. Like angels, you have same as like we would experience?

Swami: Please wait. If we jump in the angels that is the biggest ocean. To be honest, that is an ocean. I brought unto one stage, just to have a communication, to getting an experience. Once if you jump in that, that is the ocean. Please don't drown me in that.

Jonathan: Swami, some people who have come here know the Element mantras.

Swami: They don't know; they do know them?

Jonathan: They do know them but they have not been charged. They haven't gone through the 41 days for each element. Can you do that? Can you charge those elements for them.

Swami: How many are they? Ooo, la la la. I will try. What else? It's interesting questions today.

Alx: You mentioned what happens to the people when they receive the shaktipat, their aura gets bigger. When you're giving, what happens to the person giving? If I give shaktipat to someone...

Swami: You're losing the energy. You're sucking and you're giving. From you, you're giving. If you're saying, "I'm giving my personal

energy, you're energy is going, "I'm sucking from the God, I'm giving it." you're protected, you understand?

Johanna: You mentioned there's a chance some angels could come and take you from the third stage to the twenty first stage. What is that chance of that?

Swami: Fifty percent chance.

Johanna: What does the chance depend on? Is it specific angels that come? Is it your good luck?

Swami: The angels.

Johanna: But is it your good luck that the angels come to take you?

Swami: That's interesting. Once we enter into the angels' chapter...I told *Om Sra Nam Bhuum Bhuteshvari mama kuru svaha*. The *Bhuteshvari*, certain angels...once...up to your resistance power how much you can handle that. It's depending on the handling. Sometimes already I told it, once if you saw the angels, please ignore it. I told it before in instructions. How many people listen to that? If you see some angels, please ignore it.

Even if you look don't try to talk. You have to...it will come in the stages to bring you resistance power to be able to see to long time to be able to receive the energy. Then starting to your open heart to communicate. Then how much you can fulfill your desires to make it done through that, through them. You understand what I'm talking. It's depending on your talent. Some persons if you go...if you ask, "Can you do this favor to me?" Some persons if you ask, they'll do. Some people, if another person ask, they'll reject. You understand? The way of your handling. I think everybody understood this. It's energy the handling.

Evemarie: There are spirits who pretend to be somebody different. They play different roles to give to us, either it's to make us happy, "Oh, it's a big angel, it's a big master." or to deceive it. How can we protect ourselves from being played with when there is a wrong personality, a wrong figure given to us?

Swami: You mean the spirits coming like angels?

Lothar (*translating*): Yes, in disguise.

Swami: Impossible. The spirit if it appeared in front of you...the symptoms of always weeping, crying. Period.

Lothar (*translating*): She said she had experiences where spirits would come to her and say, "I am this," then she found out it's not true and this one was not weeping. What is that?

Swami: This I don't know, that's her experience. The spirit always having pain, weeping, crying. Period. There's no more...sugar cane, means there's a sweetness inside. Period. Fire means if you touch it, it burns, that's called fire. Spirit means having huge pain, always crying. Period.

Lothar: So what could be coming to her might be part of her own personality?

Swami: Maybe. Maybe. If somebody soul is coming with a huge crying, weeping, it means it needs your help. It's a chance, heal, send it back to the next life, use your techniques, send it.

Ganesh: When you're connecting ordinary souls, what are the symptoms?

Swami: Souls happy, flying, happy, moving, talking with the groups. They have the permission, they have no pain, normal souls, they want to hanging around little while in the nature, then they want to go back.

Myuri: Is there any...is it always direct the soul goes back, or is there a time...like you're saying, sometimes they want to hang around, they don't want to go back right away. Is there like...our we talking in human terms, hundreds of years, a lifetime?

Swami: There's a chance still some thousands of spirits is sometimes I'm seeing in my regular profession, when I visit some of my devotees houses, when I visit the ancient places. Here around this ten kilometers, highly impossible any negative spirit enter. Highly, highly impossible but still, when I went outside I seen thousands of

years back still stagnated, it's captured, weeping, huge pain...sent it. Somebody need to push it.

Myuri: I mean healthy souls.

Swami: Healthy souls, it never stays long time, most probably. How much their body live, maximum they can leave it generally.

Myuri: Do the souls go direct, or do they go back to God then come back out again as soul?

Swami: It has to go to the God, then again it has to go back to its carnation. It has to go to the super cosmic energy. It has to receive the energy, get the direction again where to, who's body to go...

Myuri: Where's it getting this?

Swami: Shiva energy - Mother Divine.

Myuri: Is it like a loka, a place, or just Shiva energy?

Swami: Shiva energy. Universal. That will come in the stages with a beautiful chart, all the stages, making a soul with a different angles. It's very interesting, interesting knowledge.

Students: Thank you Swami.

Swami: Thank you.

End of Talk

