

Guru Purnima Program 2000
Paramashiva Yoga
Panchama Stage Continued
Teaching at the Ashram
July 11, 2000



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Swami: What is your opinion on the fifth stage Philip Lipetz? Last night in my meditation...ok I will talk later. What is your opinion? Can you talk few minutes? Can you stand up.

Philip: I'm too tired.

Swami: No, you're my food.

Philip: I'm not so tasty.

Swami: Ok, Clint Thompson, so sorry.

Clint: My opinion, or what I know about what you said?

Swami: No what is your opinion and what you understood? Some confusion points. I figured out some confusion points there. Finally I realized some dangerous turning points, where I should clarify very clearly.

Clint: Well, from what I understand...it's the most difficult stage for me to understand.

Swami: Can you stand up please. Everybody love to see your face.

Clint: So what I understand is that this stage has to do with the elements, but it's a way, a stage that's involving a way of commanding on the elements.

Swami: What in the sanskrit the name have the Five Elements? In the sanskrit they call it?

Clint: Pancha bhuta.

Swami: Pancha bhutas.

Clint: Pancha bhutas, the five demons. So, in some way I don't understand, there's the Five Elements brought into one. You talked about that. So there's a commanding on the elements. There's a process of seeing the elements, the element energy as a vision in your third-eye. The earth, you see the vision of the water, you see a vision of the fire, the air, and the sky. Then there's a way of connecting somehow the third and the fifth stages by that vision of the elements and then having the sankalpam of the will to bring your personal yantra in after the element... there's the water. You're strongly...

Swami: Parallel not after, parallel back and forth.

Clint: Parallel, at the same time, ok.

Swami: You can choose whatever you want, like a ball. Go ahead.

Clint: Then you talked on a process...you spoke deeply what happens in the vibrations of the body when the soul leaves the body, when the soul goes and there's death. And how the vibrations are transferred or kept in the earth in the area of the burial ground, of the grave yard. And then you spoke of that as a place of high Shiva energy, of Shiva angels and there's a secrecy there, there's a technique available. If you know this you can use that information to connect your own awareness, your soul's vibration, with angels. So you gave us a process and a mantra to use vibrations of a graveyard...to take those vibrations of the earth into our own homes.

Swami: There is the turning point. There is the biggest...the people start to think in a negative way in the world. They'll think, "What? A graveyard flower, bringing the sand, sleeping on that, making like a power spot, meditating...are you crazy? What is that?" How can you clarify that to the world? I'm asking you?

Clint: Well, very slowly. Really in the west you cannot talk like that outwardly and publicly 'willy nilly,' to just anybody. You cannot do it without having unbelievable negativity come on you, on your reputation, on your name, absolutely.

Swami: So how to handle that?

Clint: First I have to experience it myself before I'm telling other people about it. It's true. I can't teach something like that without knowing it in my experience. I can tell stories to my very good friends, students who couldn't come...

Swami: What I figure out last night...the same energy...after my dear friend mentioned, "You have to observe. You're born in the east we're born in the west. There's the complete opposite way of thinking." What I figure out...from any person who came to India, they can pick up the sand in Shiva Temple, in Sri Sailam. You have to erase one sentence what I taught last night, the graveyard flower, or sand. Complete erase that. Erase means deleted that, burn it. Take the sand, wherever you go in India, the Shiva temples...use the flower on the top of the Shiva lingam. How many people seen Sri Sailam? How many people see the temple Sri Sailam...the biggest Shiva temple in South India? Good. It's a temple, the ancient Shiva temple...wherever the Shiva temple is there, same energy, same energy. Suppose Clint, he brought some sand, two kilos. He can share to each person ten grams of sand.

Clint: I'd love to do that.

Swami: Does it makes very comfortable to the west?

Students: Oh yes. No problem.

Swami: So, my dear students, it's very, very serious strict advice, never ever tell graveyard, ghat or anything else in your lectures to anybody in the universe, it'll go worse. So take the sand from Shiva temple, anywhere in India, anywhere in the world. If there's a Shiva temple, take the sand from the Shiva temple. They make the vibhutti on the top of the Shiva. You observe Virginia? You didn't observe sinduram, kum kum. Sinduram, making white and yellowish. They makes a bunch to you to rub on the Shiva lingam. You observe? You can take that. It's very, very...to be honest, if you start to think very deeperly on the point... when I started to

think deeply, it's higher energy than the ghat, than the graveyard. It's unbelievable energy. Last night is really like back and forth. Philip is giving a massage and while I'm laying down he gave one advice then...it makes me really like two hundred fifty volt shock, electric shock. Then like a big elephant sleeping, wake up, "Ok, where I am?" What is the West, the people's way of thinking? It's a beautiful to me to think, it's really advisable...ok, where is the way, another way?

You can take the sand from Shiva temple. In Hampi, in entire Hampi kingdom, in the middle of his kingdom, Krishnadeva Raya, he built the Shiva temple. There's a lot of secrecy in the energy of the Shiva. Now it's very difficult to you to understand the Shiva energy. The biggest Emperor he made in the middle of his kingdom, he made a Shiva temple and he made a huge Shiva lingam with a water. From that circumstance we can take the sand. Unbelievable vibrations!

Inside there's a lot of sand. Big rakshasi, she will know everything. They practiced lot of times, most of times in the Shiva temple. I made them go and sit and Cindy, and Anya & Myuri, the three ladies...how many days you meditated?

Myuri: Many.

Swami: How many days? Twenty-one?

Myuri: Three weeks.

Swami: Three weeks, twenty-one days. Everyday has to go, sit in the middle of the Hampi in the Shiva temple inside, sucking the energy. I gave different channels to suck that energy. So...

Student: Do we do the same process with the pot, in the vessel? The same process?

Swami: Absolutely same, forgetting about graveyard. You understand?

Joey: How much sand is enough, exactly?

Swami: That's a good question. Once if you take your thumb, pull out how much you can take wet, that's enough. To be honest, that's enough. You can make like (*shows like wetting his thumb, sticking in sand and pulling out*). For example, if Tobias take, he can take this much, Ramakrishna little

more, me little more, Clint...different on different people but you take like that much (*shows small amount equal to thumb*).

Philip: Kum-kum and vibhutti they give at abhishek is that the same? Will that work also?

Swami: One hundred percent. What we do when we go Hampi, one group will sit in meditation there, then we can pick up a lot of sand there.

Lothar: I and some other people, we have to leave early. We can't go there. Can we take some sand from the ashram?

Swami: You can take, but I advise to you Hampi, it's very ancient, hundreds of years, lot of *Vedas* chanted. You can take from downstairs Shiva but somebody can post you. Somebody can post it to you.

Lothar: Ok.

Swami: Everybody promising to me, never, ever saying graveyard to your students? Promise?

All Students: Yes..

Swami: Especially Clint Thompson, I know I don't believe you one part. I believe you but...

Clint: Yes, I want to experience.

Swami: I'm breaking that to every person, again I'm giving shaktipats. Instead of going to the south I'm making to the north.

Clint: Ok, I promise.

Swami: Nobody can experience, I'm like a big, sending the energy to divert. Even if you started to meditate for thirty years, you can't get experience for one percent. To any person, any of my students in the world, that door is closed, that key I threw in the ocean. Last night I did that. I'm so sorry. (*laughing*) We'll see next life, still there's a chance we can see next life.

(Much, much discussion back and forth about the pot for putting the sand, the flower growing on top of the pot, traveling from country to country carrying the

flower pot, country regulations against travelling with flowers or any agricultural items, etc. Only include pertinent questions).

Has to be one important advice...never, ever air touches to that sand. Like in your body, holding the air. Why I'm saying that in the body holding the air...in the stages, once if you are doing the channelings, you can't feel you're breathing in, breathing out, it's called sthaturdha. Sthaturdha means one type of stage or pranayama. You're holding the air in the gurusthan, just one bubble, sshhtt...it goes and stays there. Everything in the systems comes down, you can't feel the air in the stages that's why it helps your container - no air touching. The energy will, like a gas, like a coca cola when you open it, it's like your soul lock has to be sealed.

Only one container. Period. You can't, in the global, your center point, your soul point, it will comes in the stages, very deeper, deeper meaning what is the meaning of that. Once if you take off your soul from your body, what mechanism will happen to you, practical testings... It seems little crazy subject but very interesting once if you start to implement. Surprising knowledge - it's beyond the thoughts. You have to experience that. There is no words to tell. Once if you took one, once there's a three times you can lose it but...it will comes in a different sections, stages. More than three you can't do that. How many people know the Shiva prayer, Sky mantra, Om lingastakam needum puuniam... To connect the Shiva energy is very, very, very important prayer. How many people have completely done the five elements' process?

Guenter: What about people who are practicing other programs by Maharshi? It doesn't contain the five elements program.

Swami: Your Swami's system is your Swami's system. It has own engine, own pilot...this mechanism entirely brand new in the spiritual kingdom. It doesn't fit any saint's energy in the universe. It has own highway.

Guenter: So what do you advise?

Swami: Well you have to practice. Suppose another master gave you pancha bhutas, Five Elements process, one way. It doesn't help you to catch the same energy what I teach. You understand? It's complete interesting and you can't see this system I'm teaching anywhere in the universe, from any saint - ninety percent of what I teach. Similar some points you can see. If you go high, deeper, level we have a lot of proofs. This is complete Swami Kaleshwar information. Personal mantra, personal

yantra, different stages of techniques, Paramashiva Yoga, all this, is like complete new.

Guenther: Can I take both parts, both techniques?

Swami: Sure. You can learn. Why not. If you have the resistance power, you're welcome.

Guenther: But I have heard, if you have two different techniques, it's like you have one leg in this boat with one technique, and another leg in this boat with one technique and now one technique is perhaps faster, one boat becomes faster, so the legs become apart.

Swami: Ok, I understood but my system, even though you fall down in the water, it picks you up to put you in the boat. Even though you're in the middle of the ocean, easily can fish you. Without your notice, you'll jump, like a fish and come into my boat, "Hey, where I am? I don't know. Ok." It means it's done, your life - can't escape. Once if you focus, that's it. To me, I'm planning to complete the teachings by tonight. Then to giving the healings and to start to experience the energies. Giving these four days, five days, preparation on each person, especially the five elements. Then come back again to make it high speed. Every person dropping there, whatever you learned, coming back few steps, taking the element's energy, take off. Few days I'm giving the practice here for the element's purification - the mantra. I'm observing each person how they're doing. And in Hampi, starting the tantrics, stepping in, reaching the third stage. Once you leave from India, you're in the third stage. When you come back, having lot of experiences. Wherever you are I have to figure out once when you come back where you are exactly again you came first stage, or second stage or third stage. So it won't be any problem. I have ninety-eight percent confidence - I can ride a horse very fastly.

With the grace of Bagawan Baba we'll see. Good night!

End of Talk