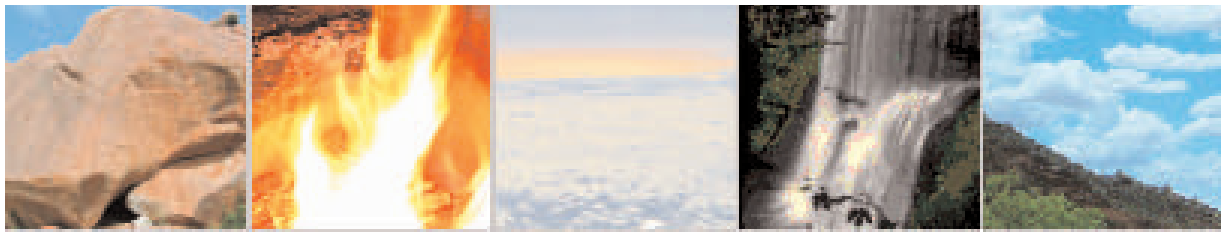


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SPECIAL SANTA CRUZ FIVE ELEMENTS' PROCESS

- SRI KALESHWAR -



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SRI KALESHWAR TRANSCRIPT:
SANTA CRUZ, CALIFORNIA
DECEMBER 11TH & 12TH, 2006

Dear Divine Souls,

It is a great blessing to be able to share this information. Sri Kaleshwar wants the world to experience the transformative power of this knowledge. To ensure that the knowledge is transmitted correctly he has given the following guidelines.

The mantra in the *Special Santa Cruz Five Elements' Process* can only be given by someone who has completed the process. Only after someone has successfully finished 101 days of the process are they eligible to give the mantra to someone else. Additionally, only teachers certified by Sri Kaleshwar may teach it in a public setting. These teachers have been entrusted by him to protect and maintain the purity and sacredness of this information. There is no permission to combine any other systems of knowledge, mantras, or yantras with Sri Kaleshwar's teachings.

It is requested that every person who is given a mantra or yantra purchase a copy of the transcript to get a deeper understanding of the knowledge. They can purchase it online at www.kaleshwar.org/en/store_catalog Do not reproduce this transcript for others or send it via email or discuss on blogs on the internet. This will ensure that they will receive the original source material and accurate process instructions instead of second-hand information. In addition, everyone who gets a copy online will be sent important updates on the process as they are given. Teaching and disseminating the knowledge in this way is in harmony with Sri Kaleshwar's wishes, and will draw his blessings. It also will help maintain the proper karmic balance and protect its integrity. Our heartfelt thanks are given for honoring this.

May all beings be happy and receive the blessings of this knowledge.

Ashram Staff
Penukonda, India

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Sri Kaleshwar



Sri Kaleshwar was born on January 8, 1973 in a small village in Andhra Pradesh, southern India. As a child many divine occurrences happened around him. But Kaleshwar's real spiritual awakening occurred when he was fourteen years old. It was then that Shirdi Baba, one of India's most revered saints who had died in 1918, miraculously appeared to him while he was studying in an abandoned temple. Soon after, Kaleshwar began spontaneously demonstrating miraculous healing abilities. Shirdi Baba had

opened his divine channels. Kaleshwar's true dharma, his spiritual work, had begun to unfold.

For the next decade, he practiced intense spiritual practices under Shirdi Baba's guidance. Shirdi Baba led him to ancient palm leaf manuscripts written by saints over the last few thousand years. He voraciously studied the manuscripts, practiced and implemented the sacred formulas of mantras and yantras which they revealed. The goal of these sacred formulas was to have direct experiences of God. His spiritual research completely took over his life. Instead of studying botany, he studied the palm leaves. Instead of attending classes, he meditated and practiced the formulas they revealed.

He traveled across India, living as a mendicant depending on alms, meditating at ancient power spots and meeting hundreds of powerful saints, researching and discussing the information written on the palm leaves. Eventually, he would release the supreme spiritual knowledge given in the manuscripts to the world. In 1993, he settled in a small village in Andhra Pradesh...Penukonda. It is where he began building his ashram. He was twenty years old.

It was predicted 400 years ago in one of the ancient manuscripts, *The Kalajana*, that a divine soul would come and live by the holy mountain in Penukonda at the turn of this century. The book states this soul would have a special relationship with Mother Divine and spread the knowledge of the supernatural power channels so that everyone could have a direct experience of the Divine.

Sri Kaleshwar's mission is to share this ancient spiritual knowledge with the world. He said that ultimately this knowledge will bring about the end of religious fighting in the world. The information contained in the palm leaf books give the formulas and practices whereby *any* soul can experience God directly. Every soul can become a holy soul and have access to the Divine. He says, "Every soul has the potential to reach the level of a Shirdi Baba or a Jesus and contribute amazing things to the world. Everybody can do it. That's my golden statement. That's my

mission. Everybody's equal. What did Jesus say? Who really trusts in him, will become more powerful than him. That means *all* his students. Everybody's equal." Sri Kaleshwar's mission is to create many spiritual masters who will spread this knowledge and bring healing and enlightenment to the world.



Shirdi Baba (- 1918)

Shirdi Baba lived his life as a beggar, begging alms from the villagers in the tiny backwater town of Shirdi. His simple outward appearance disguised the truth of his spiritual stature. He lived most of his life in a dilapidated mosque with no protection from the elements or the multitudes who sought relief from their suffering. He chose to live as a beggar although he could have lived like a king. He received millions of rupees from his devotees but each day he was left

empty handed because he distributed it all to the poor.

Baba was an incarnation of Shiva, and rare yogi with the highest supernatural capabilities. His yogic feats were endless; he changed water into oil, appeared in many places at once, rescued countless devotees from life-threatening situations, and in his ultimate act of sacrifice, gave up his life to save the life of a beloved devotee. He demonstrated so many miracles throughout his life. This phenomenon continues to this day.

Devotion to him is rapidly growing throughout the world among people of all faiths. His life was a demonstration of the unity of all religions and our essential oneness. Although he lived in a mosque, Hindu prayers and rituals were performed. People wondered if he was a Hindu or a Muslim. Baba said, "All human beings are one. Our religion is humanity. Sri Kaleshwar says of his master, "Baba was neither Muslim nor Hindu, he was everything. Whoever calls for his help, his protection is there. Who really follows Baba, fear can never touch them. Fear is always away from them. They're very happy whatever happens."

Before leaving his body, Shirdi Baba made a promise to the world that whoever calls on him with faith, he will respond. "I will never forsake anyone who relies on me."

Sri Kaleshwar's Charitable Activities

"Simply sitting under the tree enjoying the energy, seeing huge light, feeling your body like a feather, like a leaf, that's not enlightenment. Enlightenment is when you are helping someone's soul. When you're healing somebody's soul and it is working, that is 100% enlightenment," says Sri Kaleshwar.

Sri Kaleshwar's message is that we all must contribute and help wherever we can. In an effort to uplift the poor and downtrodden, Sri Kaleshwar has fed the starving and homeless farmers during the terrible droughts that desolated the state of Andhra Pradesh in 2004. For months during the blistering summer season temporary camps were set up where 30,000 people were given shelter and fed two meals each day.

A partial list of his charitable works include financing weddings for over 500 poor Indian couples, finding new water sources and digging wells for the local villages and helping the families of farmers who committed suicide during the extended drought and its devastation. In 2001, he began an annual eye clinic that continues to provide free operations to restore sight to thousands left blind by cataracts. He periodically donates hand-driven bicycles to the handicapped and sewing machines to the poor so that they can be more self-sufficient. Recently, he has donated to the Sri Krishnadevaraya University for scholarships and established free medical camps for the villagers of Penukonda.

Sri Kaleshwar created the Sagili Youth Trust for the purpose of providing educational and social services, with special emphasis on the youth of India. "If you offer inspiration to the youth, they can take care of a lot of work in the world. In 10 or 15 years they can very powerfully change the globe."

Books Authored by Sri Kaleshwar

Sri Kaleshwar's books and transcripts can be ordered on the bookstore online at: www.kaleshwar.org/en/store_catalog

A Spiritual University

Starting in July of 2006, students from around the world have begun studying at the newly-inaugurated *Sri Sai Kaleshwar University*, a 'spiritual university without boundaries'. There will receive teachings on Mother Divine and Her Creation, ancient healing techniques, Indian astrology, sacred herbals, numerology, and Vaastu. All knowledge taught at the University is based on the ancient palm leaves. The rigorous curriculum is comparable to a Ph.D. program in spirituality. The

teachings will be given mainly at the ashram, with travel to sacred power spots in southern India.

More information is available at: <http://university.kaleshwar.org/en/index>

Guru Day Message

Sri Kaleshwar periodically sends messages to students and seekers around the world. They contain spiritual teachings as well as deeper insights into world events and predictions about future occurrences. These messages contain practical and encouraging spiritual advice to help us in our daily lives. You can sign up under the following link: http://www.kaleshwar.org/en/gdm_subscribe

Visiting the Ashram

Sri Kaleshwar's ashram is located in Penukonda, Andhra Pradesh, in southern India, a three-hour drive from Bangalore. For the most part, the ashram is open to visitors throughout the whole year. Programs with Sri Kaleshwar are often held at these times every year:

Shivaratri (Feb/March)
Gurupurnima (June/July)
Christmas/New Year

All programs are posted on www.kaleshwar.org under the Events and News heading.

In order to visit the ashram or to attend a program it is absolutely necessary to obtain written confirmation due to the limited amount of rooms available. Please contact the ashram office with your request before you make any travel arrangements and wait for a confirmation. email: ashramstaff@kaleshwar.org

Listing of Courses, Healers & Teachers Certified by Sri Kaleshwar

A listing of certified healers and courses on the ancient knowledge revealed by Sri Kaleshwar is available at: www.kaleshwar.org/en/events_eventlist

Contacting the Ashram

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SANTA CRUZ PUBLIC TALK & GROUP HEALING

*Center for Conscious Harmony
Santa Cruz, USA
December 10, 2006*

Slideshow of the Ashram in Penukonda

(Swami starts the program by commenting on the slides of the ashram.)

Swami: *(Picture of Dwarkamai)* This is Dwarkamai. Everybody will get enlightenment in this place. Whoever enters into this place after all their sadhana¹, it is the climax enlightenment spot. Receiving a completely private initiation process from Swami and then having experiences. There's one power stone—a Shiva Lingam. It's quite an amazing powerful stone.

(Picture of the hut) When first I started the center, this was my house. These type of structures are very successful². I used to stay here then many thousands of people started coming. Then we got established.

(Picture of the Hanuman statue.) This is Hanuman. Man of supreme power.

(Dhuni) This is the fire pit, called dhuni. All the time, 24 hours a day for 365 days a year, it keeps burning.

(New plot of land.) We recently got this piece of land. We removed the dirt down almost 30 feet down according to the Vaastu because of their was height in the east. It's in the northeast of our ashram, so we removed the dirt and refixed the land.

(Gagan Mahal) The king of Hampi³ left from Hampi and came here and built his palace here. According to Vaastu it was anti-Vaastu. It crashed. It had height in the

¹ Spiritual practices.

² A round building brings success according to the tenets of Vaastu as taught by Sri Kaleshwar in *Victory Through Vaastu—Transforming Your Life Through Vedic Architecture*.

³ Saint-king, ruler of the Vijayanagara Empire around 1500, who devoted his extraordinary wealth to building temples in Hampi, Penukonda, and Tirupati; protector of the ancient spiritual knowledge; many powerful maharishis and saints were a part of his inner circle. His summer palace is next door to the ashram.

northeast. A huge high dome should not be in the northeast so this palace also crashed. Again he left to another fort, Chandragiri, in Andhra Pradesh state.

Even today the government is not taking care and making this place a museum. Such a great Indian Rome he created. Now just the monkeys and birds are staying in this palace. It's quite amazing how the Vaastu is really playing on this building.

(End of slide show)

Swami: Welcome, my dear divine souls. It's my first time in this town. After entering into this town, seeing the beautiful trees, the nature, it is amazing. Your Swami just came, coming from near Los Angeles, Joshua Tree, the desert. All of the sudden I'm here with amazing trees. My travel is quite interesting in America. I arrived late night so I didn't see the scenery. In the morning, after I woke up and opened my window I saw the trees. Wow. Then having a small little walk in the town and trees, it's quite an amazing place.

Today what we're going to discuss: belief, concentration, dedication. How much it is important in our normal life and spiritual life to reach whatever goal you want.

Generally, it's hard to believe anything on the planet. As a human mind it's a big block. That's quite natural. If we enter India, we see the dedication and devotion in the sculpture and their worship—they completely surrendered through their devotion, taking diksha⁴ and processes. They wrote millions and millions of prayers and built thousands and thousands of temples. It's amazing devotion. It's amazing faith.

In those days, thousands of years back, there were no saints only God and the belief. They saw it, and they proved it. On the days they found certain channels. Some amazing channels still exist. Somehow they created it for us. In India and Egypt and Tibet some power spots still exist where we can receive some supernatural cosmic energy in our souls.

At the same time a lot of saints, gurus, avadhuts, maharishis—supernatural souls—were also generated in India. Take any incarnation on the planet— they were from India. They got enlightened and received supernatural channels from India—Buddha, Paramahansa Ramakrishna, Ramana Maharshi, Nityananda, Shirdi Baba, any powerful character. Even Jesus Christ traveled in India. There's something special on that ground. Something they manifested, they created on that ground. Those vibrations are unbelievably high. Even though today that country is a kind of

⁴ A vow to follow certain disciplines and restrictions specific to spiritual practices undertaken.

poverty country in those days it was a very wealthy country. If you read the history India it was the wealthiest country on the globe. Somehow during the time cycle it went down. Again now it's going up. And, spiritually, the knowledge, it is unbelievable.

Shirdi Sai Baba

My master is Shirdi Sai Baba. He's a saint, an avadhut⁵, from North India, a five-hour journey north from Bombay. He used to live in Shirdi village. It was a very simple village, just 30 houses in that small hamlet. He was carrying unbelievable abilities in him but he lived his life with a begging bowl in the street.



There was a strong message in that. He followed his master, Venkusa's, order, "Go stay in Shirdi." He went to Shirdi. The Shirdi village people really thought he was a little crazy black magician. He was showing some abilities, some supernatural powers, and healings. They got a little panic. They kicked him out from the village. His master's order was he had to stay in Shirdi. He should not go outside of Shirdi. For almost 20 years he stayed outside of Shirdi under the trees. Whoever was going on the road between villages used to give a little food. Just he stayed there, even in the winter and the rain. He really suffered. Then slowly, whoever was going from Shirdi to the next village, if they had a cough or any diseases he would give

them some herbal medicines. They started to get cures. Slowly it developed in the people's belief system that he was an ayurvedic doctor. Then he started to give ash⁶. Many people started coming. They took the ash and got relief.

Then the Shirdi village people recognized, "Hey, this guy is something special. He's a doctor. We missed that for many years. Let's invite him in. Then they brought him and gave a small masjid⁷ room. It was like 15 x 18 foot room, an old structure (*later it became known as his Dwarkamai*). If the rain came, it came inside. If the sun was shining, it came inside. He stayed there, going in the village

⁵ An enlightened being in the highest stage, is beyond the five elements, has gone beyond body consciousness and because of that operates outside the conventions of 'normal' behavior; and has the ability to command on the Creation.

⁶ Baba gave people ash from his sacred fire. There are countless stories of the miraculous healings that occurred from using it.

⁷ Mosque; the villagers gave Baba an abandoned mosque to live in.

with his begging bowl, getting food, then coming back to the Dwarkamai, eating a little bit then throwing the food to the dogs, and then slept with the dogs and birds. In the street, wherever he liked, he also slept there.

Such an amazingly simple character who was beyond the five elements. Whatever the top miracles any saint did on this planet, he did ten times more powerfully. It was proved in the village, it's in thousands of stories. He passed on October 18, 1918.

A lot of followers came to see him. He often wouldn't even talk to them. If he liked them he talked. Otherwise, he was simply sleeping in Dwarkamai. Whenever he was hungry, he took his begging bowl, went to a few houses, then went back and slept in the Dwarkamai. Out of a thousand people who would come, he only talked to one or two persons, "Come in." He talked to them, then kicked them out. If they were really waiting, he took rocks and sticks and threw it at them, "Get out!" He really beat many people. Why did he throw the rocks and sticks because every person came, "Baba, bless me with prosperity. I have this problem. I have that problem. I have heartbreak. I have depression. I have financial headaches. Nobody asked him, "I'm here, use me for the good. I want to know satya⁸." Then he made the comparison, "There is no difference between the animals and the humans. Always selfish, selfish, why I should give the blessings?" He was such a strong spirit and strong personality.

Even now if we have any problem and we heartfully ask him you can see the results there. If we call heartfully, "Baba, I need this help. I'll make a deal with you. You take care of me. I'll take care of the people around me whatever I can." Then your problem gets solved. I'm not joking.

How Shirdi Baba Took Care of Swami's Life

For 12 years in my life, I fought with my father. During my education when I was studying I had a big bad relationship with my father. He's a gold medalist, a top professor in the state. I was the worst child of his and the worst student in the college. Whatever the professor was teaching, I was sitting in the back of the class reading the palm leaf books⁹, reading about the Vedic traditions. And my professors made me to stand on the bench in the classroom as a punishment for 45 minutes in front of the girls. It was a hell. "I don't care, okay, fine."

⁸ Truth.

⁹The ancient manuscripts which contain the most profound knowledge on the nature of Reality and the Creation. These manuscripts, made from dried palm leaves, were written by saints and sages and passed from generation to generation. All the knowledge taught by Sri Kaleshwar are based on these ancient manuscript.

Whenever I was sent to any professor's class, first they looked at me, "He's there, good." All the time they had their concentration on me. But even though I was listening I was not receiving it. I knew what my real education was. They reported me to my father, "He's getting less marks. He's not concentrating. I'm so sorry we have to suspend your son from the college."

Then my father put me in the room, took the belt, and pretty good played on my body. For two days no water, no food, he thought maybe psychologically I would change. No change. He did his maximum best. Then he took my clothes, my books, and threw them in the street, "Go. You're not my kid anymore."

I was a strong believer of the Big Boss, Baba, "What is this punishment? What do I really need? Just a tiny bit food everyday. Okay, good." Then I took all my books and clothes from the street and went 30 minutes distance to Penukonda where my college was. I had no room. There was 250 rupees in my pocket. It was very hard to rent a small room. I didn't have friends. I used to stay in one temple in Penukonda where all the beggars used to stay. I put my books and clothes there and asked them to please protect those books while I went in the village to check for rooms. Everyday I kept checking for rooms.

Everyday I was starving for food. They gave prasad¹⁰ in the temples—coconut meat and a little sugar. I went in the queue, got the coconut meat, ate it, drank the water then slept on the floor. I maintained it a few days like that.

One fine day I found a beautiful apartment in the village. There was an old man who was the owner of that apartment. He was a strong devotee of Shirdi Sai Baba. He had a big picture in his house right where we entered. "Oh, it looks nice." Then I asked him, "How much is the rent cost your room per month?" He said 500 rupees. Actually I had much less money but I said, "No problem." See the confidence there? "No problem."

Then he said, "Can you give five months advance?"

I said, "No problem. But first I have to see the room to see if I like it." I didn't really care how the room looked; I just need to get in a room.

Then he said, "Anyhow, I have to ask my daughter-in-law. She went to the office. She'll come back by evening. Then you can decide with her."

I told him, "I'll wait here." Then I stayed outside in front of the door for like seven hours. I talked to him about Shirdi Baba for a couple of hours. He was super impressed. A good friendship started. He asked his daughter-in-law if the room was

¹⁰ Blessed food offered to the devotees.

available. She said no. I got the key. Straight I went and got my books and stuff, threw them in the room then escaped. For few days I only stayed in the college. Like that, it's a big story how Baba carried me. He put me in a kind of very interesting way.

Finally, one evening a person who had been bitten by a scorpion was going through the village with big shouting and crying. I had learned some channels and there was a chance maybe I could heal it. I asked, "What happened?" They were holding him and they were taking him to the doctor as he was crying. There were not many doctors in Penukonda. I touched his finger. One minute later he was healed.

Then the people in the village started to know. Step-by-step people started to flow. A wealthy guy from Hyderabad with problems heard about me and came, "Can you fix my problem?" He said he was a big industrialist who hadn't gotten a bank loan and now had big headaches. All the time dark energy was flowing on him. There was no remedy even after going to many temples.

I said, "I have to come to your house one time." The first time I jumped in his car was the first time I had stepped in a car in my life. It was a thrill.

He opened the car, "Okay, get in."

"Okay." I sat in the car. I felt a little proud that I was in the car! After eight hours driving I sat in his house and did the meditations to fix his problem. He gave me a couple thousand rupees¹¹. That was a pretty heavy amount to me. Then one month later, his bank loan, everything, got cleared. Then he came with a couple of lakhs¹² of rupees early morning 4 a.m. to my room. He knocked on my door; I opened the door. Just he opened a briefcase and showed a couple lakhs of rupees, "This is yours."

I thought, "Is it a dream or what? What's happening?"

He said, "Yes, I got my problems solved. I made a deal if it happens in a beautiful way then I want to give some help to you. So you can do whatever you want."

I hadn't asked anything from him. In my life, from the beginning until now, I never, ever asked for anything from anybody except food, even today, only food. Wherever I go I have funny tastes, my pickles, my powders¹³, strictly keeping the vibrations.

¹¹ \$45

¹² One lakh is approximately \$2200.

¹³ Very flavorful Indian condiments.

So the next day, I looked at Baba and started feeling so touched. He said, "Why are you worried about prosperity?" All of sudden I was a pretty wealthy guy. Then what should I do? I wanted to start a center.

I was still in college. Everyday in front of the college a couple of thousand people were now waiting for me. My professors, principal, and friends all started getting curious. The professors were saying, "What do you really do to them? Why are they waiting with all the coconuts and flowers outside? Are you turning the college into a kind of temple? You should not do that."

One professor was a really tough guy. I told him what his problems were and I told him that if he tortured me his problems would get worse. Then his problems really went up. Then he turned as a strong devotee of mine, "No, no, no, just heal me, take care of my family. I will take care of your education. That's the deal." Then my education journey also went well. I passed for my degree in botany, physics, zoology, in a beautiful way with a high percentage.

From there, I started my center, and went in the world to teach the ancient information—the healing techniques and processes to that show how it was really possible to reach certain levels, step-by-step. Still these ancient formulas that they wrote in the palm leaf books exist on the planet. That's the subject I want to bring to the globe so every person can experience bliss through the prayers.

The Five Elements

The whole philosophy that I'm teaching belongs to the five elements. The five elements are not one religion. It doesn't matter what belief system or religion you belong to, the five elements are there. The earth, fire, sky, water, air—*Na Ma Shi Va Ya*. These five elements are in our body all the time. The physical body is made by the earth element. We're breathing the air element. The heat is in us, the fire element. We're receiving the cosmic energy, the sky element. If any element is less, we're in trouble, then the illusions are hitting. If the temperature goes really high, we'll die. If you stop breathing, you'll die. If you stop drinking water, you'll die.

All the problems coming to the soul are just an unbalancing of the five elements in our body. How to take care of the elements in our body in a proper way is the concept of the ancient philosophy. How to purify the elements in us? How to receive the perfect element in us? Through choosing one element we can lead our life until the enlightenment. We can take that one element and carry the journey for the rest of your life.

For example, Shirdi Baba's element was fire. He was sitting near the fire all the time. The fire kept burning and whenever the people came he gave them ash from the fire, "Go, use that ash." He had amazing supernatural sankalpam siddhi—

whatever thought he had he made come true. If he had a thought that a person would get cured, they would get cured.

Even if we go to a church, we light a candle and we take rosewater. It means indirectly we're receiving the holy elements. We're using the element's energy. I already taught the energy in the formulas to thousands of people. My senior most students have charged the five elements for ten years, and the *Inner Elements*, the *JC Channels*, and connected to amazing supernatural channels. ***The first initiation starts with the elements. If you ignore the elements, it's very hard to reach your process. You have to keep coming back for many lifetimes. Such a great power is hidden in each element.***

Blocks Make it Difficult to Reach Enlightenment

Ramana Maharshi was a great saint in Arunachala. He just wore one small tiny cloth. How many people have been to Arunachala? How many people have heard about Ramana Maharshi? Good. His philosophy was, "Who are you? Where did you come from? What is your duty? Where are you going?" His first question was, "Who are you?"

Joey: Good question.

Swami: Yes, it's a good question. Okay, where did you come from?

Joey: The Divine Mother. From my physical human mother number one. Then I came other lifetimes but the beginning creation point was through the Divine Mother.

Swami: You came from the Divine Mother. Where are you going back to?

Joey: Haven't thought it yet but I'll lose this body.

Swami: So do you know when you have to leave the body?

Joey: Yes.

Swami: You sure?

Joey: That's the deal you sign up for when you come in, that you have to go out, no?

Swami: When are you leaving?

Joey: That's my question to you. You know more than I do.

Swami: Whenever you want.

Joey: Okay.

Swami: You want to leave your body or you want to leave your soul?

Joey: The body.

Swami: Where?

Joey: Well, let's go hang out some place. I'm free. Take me on a travel. Take me on a soul trip. That's what I want to do. Do we have a deal?

Swami: What's the deal?

Joey: Well, you asked me where I wanted to go and I said I want to go on a soul trip with you. So I'm asking.

Swami: So you want me to come with you at the same time?

Joey: Sure. We have four recordings here, Swami, and many witnesses. Go ahead.

Swami: What is he saying, Monika? I have pretty good jet lag.

Monika: He's saying the evidence is here, that this is being recorded.

Swami: No problem. Everybody else signed up.

Joey: Great. When are we going?

Swami: You really want to go?

Joey: Sure.

Swami: What is the purpose in your going?

Joey: To learn something.

Swami: Why can't you do that *with* your body?

Joey: I've learned pretty much in this body. But I want to leave it for a little while and maybe go somewhere. Have a different type of learning experience. That's why we come in the body, you know, for different types of experiences.

Swami: You came here for the experience, that's the right answer. Good. Every person might think you're a part of God, you're a part of the light, you're a part of the cosmic; you're a part of everything. Good. That's true. Same time, how are you going to recognize that? What are your blocks?

Joey: My blocks, huh? Speaking in front of a big crowd like this.

Swami: Yes, witnesses. It's recording, you know.

Joey: Well said.

Swami: Then we'll make a deal.

Joey: Hum. I can say heartbreak is one block. My golf game is not as good as it used to be. My golf game is a block.

Swami: No problem.

Joey: I'm open for suggestions.

Swami: About your blocks?

Joey: Um hum.

Swami: What is meant by 'block' first of all?

Joey: Blocks are self induced. You create your own blocks. On one angle you create your own blocks; you create your heartbreak.

Swami: What is the relationship between mind and break? Is that your heart prescription or your mind prescription?

Joey: It's a combination. I think there's an inverse relationship between your mind and soul. And I think the heart is the bridge to the soul. So it's connected. And they all kind of work in a physical body; those three are always dancing. And not so dancing sometimes. Does that make sense?

Swami: No.

Joey: Well, you have a heart, you have a soul, and you have a mind, right?

Swami: Yes. How does the heartbreak happen? What is the relationship between heart and break?

Joey: Well, heart has to do with love and heartbreak means breaking of love.

Swami: You're missing something. Since how long do you know me?

Joey: Since December 1998.

Swami: So how many years is that?

Joey: Quite a few; we're in 2006 now so 8 years.

Swami: Anger, excitement, depression, heartbreak, left out, anxiety, eagerness, suspecting (suspicious). You're carrying these crazy things in you all the time. All the time suspecting, suspecting, suspecting, and anger. You're torturing yourself. Can you really come out from that to get the enlightenment, to do soul traveling, to know who you are? If you're carrying this much weight in you, these many troubles in you, this much pain in you, how can you do that? You've been heartbroken how many times?

Joey: Several times yeah... many times... more than once.

Swami: In business or with the girls?

Joey: Both.

Swami: Majority?

Joey: Oh, I don't know, probably women.

Swami: Not probably, *must* be. Must be.

Joey: Okay.

Heartbreak Is Your Mind Playing

Swami: *There is only one golden statement about heartbreak—when you create heartbreak in someone then you will receive heartbreak back. Period. When you create heartbreak in someone you will receive it back with interest.* Whenever you're heartbroken, you're bumpy, you're in depression, you can't trust anyone, you feel a little left out, and you feel cheated. But you're not seeing yourself how

much you've cheated. Now that same cheating is coming back to you. Once you receive it, you can't tolerate that. You felt horrible about society, you felt horrible about yourself, you felt horrible about everything. If you're really honest, there will be no heartbreaks. Does it make sense to you, guys?

You can recollect all the things you did in your life and then what you received. All of these are illusions, maya. You really don't have any heartbreak. It's your mind playing. You are depending on a person and thinking that person is your life. She is everything. He is everything. Okay, true love is enough but there's no need to completely be in the illusion. Then once a person leaves, you're hopeless. That's very dangerous.

For example, many students are learning with me. From the beginning day until now I'm always preparing them, "If anything happens, whatever it is, go and teach the globe. Don't be slaves. Don't depend on me all the time. Try to depend on yourself. You have to care of yourself and your own security. No one else is your security. Your wife is not your security. Nothing is secure. Your bank balance is not secure. Your bungalow is not secure. Even your health is not secure.

You have to take care of yourself. That's number one. You have to feel confident on yourself. It is your responsibility to take care of your soul. You don't have a right to blame somebody. Then you'll get blame back. It's a golden statement. In such circumstances, even if you go to church or to a master, whatever he's teaching, if you're holding a lot of pain and carrying that then you're meditating and chanting and thinking about all your problems. You want to learn, you're doing prayers but whenever you close your eyes deeply meditating all this stuff playing on you. It takes years, years, years, lifetimes. For example, Jonathan. His love and attention brought me here, the majority. How many years did you practice spirituality?

JDR: Since 1970 Swami. 36 years.

Swami: Before I was born you started your spirituality. When did you meet me?

JDR: The summer in 1997.

Swami: Before your experiences, then after you met me, what were your experiences? Be honest.

JDR: No comparison, Swami. Before I had been a very good meditator, doing TM, very close with Mahesh Yogi. Very serious, never missed a meditation ever.

Swami: So you levitated?

JDR: For about half a second.

Swami: Why do you need to levitate? Just take a balloon and go up and down.

JDR: Anyway I got something; I got a lot and I'm thankful for that.

Swami: Okay.

JDR: I had to leave it myself because I didn't get what the promise was. I didn't get the fulfillment. So it took me quite a few years to detach from that. And during that time I met some other saints but I was never really attracted to follow them. And then I met you because a friend of mine had a very serious terminal cancer and he heard that this young healing saint was coming to south central Los Angeles and he's was going to see if this young saint could help him. He had to no other choice. And I went down also. I was interested. I had no need like that myself but I was interested. Something in me wanted to go. So I went and met you. There were only about ten people. You did a little miracle healing for him. You manifested some sacred ash, vibhutti, from your fingers and gave it to him. He went home and they tested him after that and the whole cancer was gone. And I thought, "Wow, how did that happen? How did he do that? What was the energy?" I had been familiar with contacting deep, quiet, peaceful, blissful energy but it didn't change me. Well, it changed me, but not that much. I still had a lot of the same blocks. And I knew that and it was very depressing.

So I started coming to India and studying with you. I took the *Five Elements* course which was a huge adventure. As soon as I got my teeth into it I thought, "Ah, this is good. This was grounding. It was strong and it was doing some other kind of purification right in my body that I could feel so strongly. It was exhilarating and made me very, very happy very quickly.

And then, back and forth every month to India I was even using it in my business management consultancy at the time. Amazing miracle transformations happened in big companies in like two months. And that totally convinced me that I had to go to India and really dive in. So, Alx and I moved to India and spent the next number of years living in the ashram. Then not too long period time there some miraculous experiences happened. Everything changed. There is no comparison at all, to tell the truth, between what my spirituality is today and what it was before.

Knowing Yourself Is the Hardest Job

Swami: It's only possible to happen when you have pure dedication. Without your supporting me, guys, I can't help you. If you look at me, then I'll look at you.

Whenever your heart is open then something I can do. Even though you want to do something with me but if my heart is closed to you, it takes time.

The master is a kind of monkey. I'm serious. Like a monkey jumping from one branch to another branch, even though the baby monkey is holding on, like you students, the mother monkey never cares from one branch to another branch. It doesn't worry if the baby will fall off. That's your duty to hold on. Whatever crazy stuff the master does, it makes you completely confused. When you start thinking on their personal life... when I start thinking about Baba's personal life, when he was alive, why many people were angry with him. He did whatever he wanted to do. The same time the miracles he did were unbelievable. The master is kind of like a cow. The cow eats grass, eats posters in the streets, the paper, all the stuff, but it gives the pure milk. What do you need? You need the milk. When you think about the cow doing crazy this and that, you're in trouble there. The master always wants to trick you, confuse you. And, same time, the Nature wants to confuse you to not get it. ***To know about yourself is the biggest job on the planet. You can go on the moon, you can do anything, but to know about yourself, that is not an easy job.***

Whenever you want to know about yourself first try to write down all your blocks and try to write down all the terrible mistakes you've done. With own your eyes look at it to see what you need to do. Close it. Then change your life from today onwards. It's not even late. For example, you cannot forgive someone. They cheated you. You felt horrible. It's gone. Past is past, it's over.

Start a new life—satya, dharma, shanti, prema—truth, judgment/duty, peace, love. You need to develop these four characters in you. The first character is prema—keep giving love. No matter whoever your enemy is keep giving love. Your partner cheated you. Give the love. Keep giving love then the forgiveness will start in you. Don't even get angry, just, "Okay, God bless you. I love you. Bye." Don't give the anger. Whenever you keep giving love, then you'll get satya. Satya means truth is hidden in it. If you keep giving love, then, satya, the truth, will come back to you. Whenever satya is there, your duty, dharma, is perfect. Whenever your duty, your dharma, is perfect, you'll automatically get peace, shanti. Once you turn as a peaceful person your life will turn as a bliss. It's simple. You don't need to do amazing meditations and stuff. One part that's necessary. But one part is really in your hands.

So you have to decide how you need to carry your life. You never know what will happen tomorrow to you in your life, in your family, all the up and down tragedies. It's all mortal. It's all illusion. While we're here think deeply. Something you need to create. Something you need to discover. What is all this drama? What is this cinema? In this young age, what I've been through and seen in my life, traveling, and all the ups and downs, the real ups and downs. When I'm really up I never feel

like I'm up. Or when I'm really down, I never felt down because I always keep giving love. Whoever is working around me, the crew, they're always fighting because they want to be very close to me because I torture with the jokes, with the triple and four meanings. I really give a hard time sometimes through my jokes. But sometimes when I'm really deeply thinking if they disturb me, I'm a moody character. Like I'm thinking on Chinello, for example, and someone disturbs me then the graph I'm thinking about him gets disconnected.

Fall in Love with Something You Believe In

If you keep giving love to your job, you're worrying about yourself with society, then you deserve to know who you are. Once you experience that peace, that's worth billions of dollars. You cannot buy that. You cannot buy peace. You can buy anything on the planet. You can love your children, wife, husband, whatever it is. That's a good bond. The same time what you need to love very strongly—you need to fall in love with who you really believe in, any belief system. For example, you believe in Jesus and his philosophy. You believe in Buddha. You believe in Mother Mary. You believe in the five elements. You have to make self-discipline in your sadhana, even though it's a little hard in the beginning. It takes time to practice, to adjust to the prayers, all the stuff. Everything is possible. If you really take the depth of your Swami's teachings, you see how many people learned it. They made it. They really made it. They've seen amazing things. That's not me doing it. Some person is at my back. Only it's His grace making it happen. Just I'm 100% an instrument in his hands. Majority of time I feel I want to take a vacation myself and be peaceful. No. All the time I'm working. That working also is a bliss. Your work is your type of bliss. My work is *the* bliss. *The* bliss. ***Helping somebody, that's a bliss.***

On the planet, especially if you take 100 people, 90% are heartbroken. There are no hospitals for that. Who here didn't ever have a heartbreak, can you raise your hand? Who's in heartbreak right now? (*no hands go up*) You're lying. See, you're cheating yourself. Maybe I can help you if you raise your hands. It's ok.

God is always a loving person. He knows your problem. If you feel you cheated somebody, you'll be cheated again. You'll get disturbed. That's His play. Those are His illusions on you to teach you a lesson. You don't need to learn lessons all the time. One time the slap is enough. Don't give the chance again for a second slap. You understand, Johnnie? If you keep getting the slaps then you go down. Then to lift you up again takes time. It really takes time to fill you with energy, to bring you as a normal person.

So, my dear divine souls, first of all belief in yourself is most important. You're pure. You're crystal clear. Something special is in you. Some illusions are playing around you. You have to ask heartfully for help to remove the darkness around

you. Whatever has happened has happened. Today onwards you're completely turning as a clear person to give love on the planet. Keep giving, giving, and not expecting love back. When you're not expecting love back, automatically it will come back. Life will turn blissful. Your Swami will be here tomorrow to give some channels, an ancient formula process, charging the five elements in you and teaching you how to play with the five elements to know how to protect yourself, and how to protect the Divine energy around you, not to get easily disturbed. So tomorrow I'll give the channels.

Today we'll sit in the beautiful meditation. I'll try by grace of Baba and Mother to send the distance healing to everybody. Honestly, try to accept all your problems inside and see what you want. Say thanks to your parents, to the Guru Paramparas, the masters and masters, whoever you believe in. Sit peacefully for 25 minutes. Think on your problems, your blocks, and what you want. You need to receive amazing healing tonight.

(Following the Meditation)

For just three minutes try to chant what I say:

Arunachala Shiva, Arunachala Shiva, Arunachala Shiva ArunaShivo
Arunachala Shiva, Arunachala Shiva, Arunachala Shiva ArunaShivo
Arunachala Shiva, Arunachala Shiva, Arunachala Shiva ArunaShivo

Ramana sat guru, Ramana sat guru, Ramana sat guru, Ramana-ho
Ramana sat guru, Ramana sat guru, Ramana sat guru, Ramana-ho
Ramana sat guru, Ramana sat guru, Ramana sat guru, Ramana-ho

Ramana sat guru, Ramana sat guru, Ramana sat guru, Ramana-ho
Ramana sat guru, Ramana sat guru, Ramana sat guru, Ramana-ho
Ramana sat guru, Ramana sat guru, Ramana sat guru, Ramana-Ho

Arunachala Shiva, Arunachala Shiva, Arunachala Shiva, ArunaShivo
Arunachala Shiva, Arunachala Shiva, Arunachala Shiva, ArunaShivo
Arunachala Shiva, Arunachala Shiva, Arunachala Shiva, Aruna-Ho

Shanti, shanti, shanti hi
Loka samasta sukino bhavantu
Loka samasta sukino bhavantu
Loka samasta sukino bhavantu
Om shanti, shanti, shanti hi.

God bless you, guys. Happy, wonderful, peaceful life forever and ever and Baba's grace, Mother's grace, and your Swami's prayers are all the time with you and your family. Good luck. Have a beautiful night. I'll see you tomorrow.

*Church of Conscious Harmony
Santa Cruz, California, USA
December 12, 2006*

Introduction to the Five Elements by a Senior Student

(Swami asked Dr. Clint Thompson (Nityaananda) to give a talk on the Five Elements before prior to his talk.)

Clint: Good morning. Shubodayam in Telugu. My name is Nityaananda Clint Thompson and other various names, which I won't mention now. It's my pleasure to be sitting here with all of you as we're awaiting imminent arrival of Swami Kaleshwar.

First of all, hats off to Jonathan and Alx, and the crew I don't know, for this event taking place in all the different aspects. It's a big deal. We have to wash our blocks but it's a big deal in a beautiful way.

What brings us together and what we shared last night and this afternoon is really a very rare and unusual thing in the West. There's a lot of spiritual longing. There's a lot of unfulfilled desire. There's a lot of dharma that each of us has. And there are a lot of different paths with a lot of beautiful saints and teachers from many different traditions. But what brings us together that is the knowledge that is being brought to the planet by Swami Kaleshwar. This knowledge, as he is fond of saying, is not his knowledge but knowledge that is ancient, really beyond history, that he is holding and bringing to all of us. Which we can in turn experience for ourselves and share with the world.

(Swami enters the hall and sits in his chair as Clint continues to talk.)

Clint: Swami mentioned the five elements last night. And I'd like to say a few, brief words about that as an introduction to this extraordinary day today because it is all about knowledge which creates opportunity for personal experience. And through personal experience a deeper understanding directly of our personal connection in relationship to the Divine, which allows us, first of all, to heal and to serve others and help others more. The knowledge is all connected. It means it builds on each other. There are many people in this room that have been working with this energy for years and years. And we're still students, still practicing. And it all comes back again, and again, to the Five Elements' Process.

The Five Elements' Process is described fully in this book that's available here. I'm just curious how many people have or are doing the Five Elements' Purification Process? So, a little more than half, that's great.

Clint: Some general concepts which are explained in this book and when you do these practices are generically fundamental to all kinds of different sadhanas and implementation of the knowledge from ancient India.

Concepts and experience of mantra or vibrational code, a sacred vibration which connects us to the five elements and to the Cosmic. It purifies our soul, discharges¹⁴ negative energy, and creates beautiful divine Protection Circles. Ultimately leads first to personal healing and then the ability to be an instrument to heal others.

The concept of discharging is central in the elements. We also keep coming back to that again and again. Discharging negative energy, being free of that, releasing it, having it burn, have it be replaced by something more divine.

The concept of diksha, rules of behavior and practice, generally for a short-lived period of time which create energy boundaries that allows us to hold the energy and experience the energy that we're bringing into our lives in a powerful way, in a very short period of time.

The Five Element's Process is a super shortcut that leads to even more super shortcuts. These processes start with the Five Elements are soul purifications. It means once you have implemented that practice in your life it follows you wherever you go, for many, many lifetimes.

The five elements are where we begin when entering into these energy channels. But we keep returning again and again in the more so-called advanced energy systems, because it's a core, a key. Those five channels are essential to this Creation. So in Penukonda often Swami will come and give questions to the students as we go deeper and deeper into the knowledge. And often those questions are coming back to the elements. How are the elements playing in this energy channel? How is that implementing? Ultimately getting into the mechanism of how the energy is flowing through the five elements into this Creation.

To do the Five Elements' Process will truly change your life. This knowledge, beginning with the five elements, from India, is intended to create the direct personal connection and understanding through personal experience of the cosmic divine God energies for each of us.

¹⁴ releasing negative energy using one of the five elements, a practice revealed in the *Five Elements' Process* given by Sri Kaleshwar. See www.kaleshwar.org for more information

So in the beginning of any spiritual practice we start off as a kind of blind faith. We have a desire for some spiritual experience, some kind of healing, some kind of ability. And we have heard that something will help that and we try it. But these energy formulas are all about trying it until you believe it, not because somebody told you so, but because you experience it for yourself. In each of the five elements' channels there are symptoms which are necessary for each of us to experience, to know the energy is really flowing.

The Five Elements' Process teaches us more about the divine aspect of our physical form. There are mantras, the divine vibrational formulas which are purifying our soul but there's also the concept of yantras, or sacred geometry, which is first introduced in the system. It's the way energy moves through form. And we learn how each of our digits (fingers) are associated with an element channel and how to use our body when we're implementing divine energy as an instrument to help others.

All of the five element's channels, except for one, are intended, once they're purified, to help others. The one that we reserve for ourselves is the Sky Element. We don't use that to heal others. We use that for our own personal connection to the Divine Cosmic and the angels.

If you have not done the Five Elements' Process, it will really take you less than one week of practice with the 1st Earth Element mantra to know for yourself that this is true knowledge. This is not craziness. It's true knowledge that any human being, can experience if they implement it for themselves.

When Swami Kaleshwar first came to America in 1997, he taught the Five Elements' Process. Thank you, Swami. That's the first knowledge that I'm aware of that he taught as an energy system. And that was the first information that was put into book form. There's really no substituting purifying the five elements. It can be done other ways. Swami can purify our elements for us in special processes or blessing experience. But, especially as a healer you really need to purify and connect your physical body five elements with the Creation's five elements. It will really change your practice and it will really improve your life and the life of your family in a beautiful way. That's what convinced me, strongly convinced me within one month of doing the 1st Earth mantra. That this was something other than anything I had encountered before in terms of knowledge.

The five elements are: earth, which is associated with the thumb. Next is fire, which is associated with the index finger. Sky, associated with the middle finger. Water, which is associated with the ring finger and air, the small finger—NA MA SHI VA YA. When we say that simple prayer we're actually calling upon the five elements in a very powerful way.

These prayers are, in general, not very complicated. There are some that are a little bit of a testing but in general they're very simple, short prayers made up of vibrations, a lot of them called bijakshras, or seed vibrations, which have amazing power to connect us to the divine cosmic. And those syllables NA MA SHI VA YA are bijakshras.

The five elements system in preface to this whole body of ancient knowledge will change your belief system. Our belief system is formed in different ways. But ultimately our personal experience is perhaps the most powerful way that we have to hang our hat on something and say, "I will believe in that." And what we believe in is very, very important for us to understand. Our belief system can be huge beautiful tools, and they can be amazing brick walls, and both. So the Five Element's Process will change your belief system. That's something else you can prove. You can set up in advance and study.

All this knowledge is not at all about worshipping saying something is great and I am not. It's not at all about that. It's about discovering the greatness that each of us is holding inside. And again we have to believe that, not from a crazy way maybe based on some desires that are unfulfilled or other kinds of blocks. But believe that through the experience of how we can really help and serve others in our lives. How really our presence can make a big difference in the world.

This system will not only change your mind but it will also open your heart. It will strongly open your heart. One belief that will generically change is, no matter how much you believe in God, after you practice these prayers and do these processes, you'll believe in God more. And that's a great thing and this planet really, really needs that.

Through the five elements anything is possible. The concept of "miracle energy" is really first introduced in this knowledge through the way Swami Kaleshwar is bringing it to the West in the five element. Through the five elements anything is possible. Of course, there are no guarantees. The results are in God's hands. But through the five elements I've seen Swami heal a person dying of a cobra bite. Many people in this room I think saw that. And as we were watching that healing with some understanding of the five elements, without knowing exactly what channeling he was doing, it was really clear he was using the five elements to do that.

Once the five elements are purified in your body, that purification never leaves you. You don't lose it. Whatever you put in your divine soul bank account you never lose that. It means you become a more powerful tool. And actually beautiful things can happen around you without you knowing it; without your even having an idea what is happening.

But it's very important to practice. One of the intentions of all of this knowledge, including the five elements, is to implement, to be bring into the world. In the beginning we do the three Earth mantras, one Fire mantra, one Sky mantra, one Water mantra, and three Air mantras. After we do all of those we tie the whole system together in one tiny little mantra, Om guru guru paramaguru. It means just through the grace of the guru and the lineage of the masters and divine souls, we can connect through the elements and be an instrument through that one simple line.

But that's not the end. It's a beautiful start in our new lives. Then we practice. And really if you've done the five elements and you haven't practiced them because maybe you don't have the confidence or opportunity to heal others using them, please, please, when the opportunity comes in front of you, and it will, try; you will be very surprised with the results even if you don't consider yourself a healer. We're so surrounded by suffering so there are a lot of opportunities for that. And through the implementation of the knowledge, practicing implementing the formulas, then the Five Element's Process grows even more and more. That deepening process, that empowering process I don't know has any end. We're all still students and as we practice we learn more and as we learn more we're able to practice more. It's a beautiful positive feedback cycle.

There are a lot of religions in the world. There are a lot of beautiful organizations and practices that many people are using. But if you look at what anybody is doing in spiritual practice, if there is a divine energy running there, you'll see they're using the five elements. And actually through this ancient Indian knowledge you can start to understand what other practices are really working, how they're implementing. You always see water being used as a sacrament, as a blessing. You'll see the fire, the candle flame, the smoke. It's a beautiful divine journey that just keeps unfolding.

The divine energy on this planet, if there is just one religion... there's only one God... there are many religions but there's just one God. There are many different candles but the light is all the same. And that same light that all have in common is the five elements. You could say the true religion on this planet, if you gave it a name, would be the religion of the five elements. And, of course, through the five elements we contact God's love so powerfully we could also say it's the religion of love.

Once you purify the five elements in you, they'll start running on their own. It's a soul process. Your soul is so happy to receive that, to have that awakening. And very quickly after you start these processes, without your knowing it, these prayers will start running. It means your elements are connecting to the creation elements

and you don't need to implement it to make that to happen. The Five Element's Process absolutely changed my life.

Woman: How it changed your life?

Clint: Well, before I learned the Five Element's Process I was practicing western medicine and as soon as I started doing the first Earth mantra, my medical practice changed dramatically. By that I mean the response to therapy improved, no matter what the therapy was. And the response of just general interactions with people who were sick dramatically improved. And this was before I even finished charging the 1st Earth Mantra. But perhaps the most powerful thing was that my own personal experience of myself changed. I used to come home at the end of every single day feeling like I was hit by train. I didn't know, I just thought I was just tired. I didn't realize it was all the energy that was coming in the healing process. And through the discharging I felt lighter, I felt more clarity, I felt more inner peace, and I felt greater understanding. I felt more of an instrument and less of a doer.

Woman: Instrument to what?

Clint: Of the divine cosmic energy.

Woman: Do you see yourself as light? Are you the light? I'm sorry I'm not trying to put you in a bad position or put you on the stand judging anyone or anything but my understanding that people come to a Divine that they will arise and they will become a light as the masters are. That's the whole point to it. To become as a doer, as you said, we all do. It doesn't matter how you look at it. Whatever we do we do, sweeping the floor, talking to people, that's all belief. Did you rise? Can you feel the energy come in your hands when you put them on your patients? Sorry for talking. Did you have any of those experiences?

Clint: Oh, I've had many, many, many experiences, yes. I mean, I'm here based on personal experience. As a medical doctor, I was a pretty good ego character. And when I met Swami Kaleshwar I didn't know why I was there. I thought it was one reason. For me, to believe in that kind of healing, to be honest—no way. My mind, my highly scientific skeptical mind still thought... Thank you, Swami, so much. In his presence I felt something I hadn't felt before and it was enough change, a switch in my belief system, to try something that didn't really make much sense to my western-educated crazy mind. Then through my meditation, personal experiences started.

So the answer is, yes, personal experiences are there every single step of the way. As they say in the ancient tradition, and as Swami is bringing on the planet as powerfully as possible, we all have to taste the fruit for ourselves. It's really not fair for someone to say this mango is sweet, "Just take my word for it, it's sweet. I'm

eating it. It's sweet. It's enough." It's not enough. We need to taste that mango for ourselves. We need to see what sweet is. And only through the five elements can we start to experience the sweetness of the Divine. There is a true sweetness. There is truth on this planet. True knowledge, true experience of God. And the Five Element's System is that.

For instance, with the 1st Earth channel you do a meditation with your thumb on the earth when you're discharging. And you know when that is working because you will experience the energy flowing in your thumb. If there are 150 people here there will be 150 variations of the experience. Our personal experience is one of the unique things that each one of us brings inside the Creation. Each of us is personally unique. But there is a generic aspect too and that is, yes, the experience of energy. If you do that process for 41 days and you don't have that experience, you keep doing it another 41 days.

Woman: But did you get what you were asking for, or still asking for?

Clint: I'm carrying many beautiful blessings and, yes, I came here to be in the presence of the Divine and to help others. We all share that today and in our lives. And that is by the grace of Sri Kaleshwar who is bringing this ancient knowledge to the West where it will grow like a seed. Each of our lives are like a seed of the Divine and if this country and if this planet is going to change in a beautiful way it has to change through each one of us, not like big radical revolutionaries but simply, quietly, by carrying more peace and love and healing cosmic energy through us wherever we go, through Wal-Mart, at work, at our home. And one day this knowledge will change this planet in a beautiful way. It's already begun. This event is a symptom of that. Many lives in this room are a clear symptom that something is happening.

A Discussion on Positive and Negative Energy

Clint: So, thank you so much, Swami, for being with us and bringing this knowledge.

Swami: So what inside of you made you change?

Clint: Soul purification.

Swami: Where is the soul?

Clint: It's moving but mostly in the chakras—it's everywhere. It's also part of my body and it's someplace else.

Swami: Who said that?

Clint: You did.

Swami: What do you mean by purification? Why you need purification. If the soul is divine, why you need purification?

Clint: My soul is carrying many karmas from many, many lifetimes.

Swami: Who said that?

Clint: You did. The divine knowledge.

Swami: So you're carrying karmas from many lifetimes, does it mean you're responsible or your soul is responsible?

Clint: I'm responsible for the karmas of this life. My soul is responsible for all of the karmas.

Swami: Why should your soul be responsible?

Clint: Well, ultimately, it's all in God's hands but the soul is responsible to pay, to receive back the reflections of actions.

Swami: So how many elements' processes did you do?

Clint: I've done the entire *Five Element's Process*.

Swami: Can you say the 1st Earth mantra. (*Clint chants it*) What does it do?

Clint: It opens a link, a vibrational code, that somehow links the earth element of my physical body and the earth element outside in the Creation. And through that channel my soul receives the cosmic vibrations and discharges the negative vibrations.

Swami: Why are you receiving negative energy? Sorry, I have to talk in front of everybody.

Clint: Well, I'm receiving negative energy as a physical body in the five elements. Everything is here, A to Z; negative energy is here, too. I'm carrying negative energy; I'm creating negative energy through thoughts and actions. I'm receiving other people's negative energy when I'm helping. They feel better. Everything is a balance. There's an exchange of energy there.

Woman: When you finish all the elements you should be protected from all the negative energy to enter into your body. Shouldn't it?

Swami: (*Speaking to Clint*) She's talking to you. You're the speaker now. I'm also a guest. They gave a little special chair to me. I'm very quiet, calm, no problem. I like it.

Clint: There is great divine protection. The affect of negative energy does seem to go down. But there's no escaping suffering on this planet. When we're in the five elements we have to surrender to the five elements. When we're in a physical body that is born, it will age and is subject to disease and will one day lay down and die. And those are experiences that are often felt as negative. So there's no escaping negative energy in the Creation. It's part of Creation. Through the Earth element, for instance, we're given a channel to discharge that so we don't have to hang on to that and be free of that. But if I discharge 100% on day one, then when I wake up on day two there's negative energy waiting for me.

Swami: Why? Because you predicted that or because you put that negative energy in that?

Clint: No, it's because it's part of God's Creation.

Woman: That is not true that it's part of *your* creation! Are you seeing it as a separate unit from God? Or, you have seen yourself as God, part of God, part of Jesus Christ, part of Swami, part of Shirdi Sai Baba, the whole thing, yeah? So then why would the negative energy be waiting for you next day being that?

Clint: I'm very happy if I wake up tomorrow and it's not waiting. I would be very happy to accept that and enjoy that. I'm just sharing my experiences so far in this life.

Woman: Well, Swami, if I may, with all due respect, I'm seeing you as my brother in God as I am your sister in God, who is Jesus Christ, the Holy Spirit. Please can you explain it to me? Not to just me but to many people here.

Swami: I'll explain. I want to hear how you're (*to Clint*) going to explain it.

Clint: None of us is creating in this life. We're part of it but God is God. He is the big mystery character. The Divine Mother, the Divine Father, this Creation is operating. It's creating, operating, and there's transformation or destruction, as a cycle. But it's all in God's hands. God is the doer. So I don't know one person on this planet who has not experienced negative energy. From the experience of every single person on this planet, negative energy is a part of the Creation. The

maharishis, the saptarishis, the great Divine Souls from thousands of years ago, they're also in a physical body here just like us. They're researching on the nature of Creation. They also have these same questions. They're also being born, and living and suffering and dying. Why is that? They're asking the same question. It's a great question. They discovered some answers, the mechanism, the divine knowledge, these formulas. It's the same knowledge from 7,000, 8,000 years ago.

If Jesus was sitting here with us he would understand these prayers exactly. Exactly. Buddha understood exactly or any soul that came on this planet and reached that enlightenment.

Woman: Lord Jesus Christ encouraged people to see the Divine, to see themselves as being divine beings, as part of the Creation. At least, in myself, the moment I'm seeing that I'm not part of God is the moment the problem starts. And why I'm here is to extend the boundaries of my comfort as human being and reach for something greater. That's why you're experiencing the negativity—because you're attracting it to you. Because I think that when you see something like he's beating his wife and you perceive it as a negative thing then you're playing on it. But if you see it as a blessing from God, if you see it as all is love, then it will all disappear and coming to bits. And that's what the road Jesus Christ I think tried to tell people.

2nd Woman: Thank you. That's wonderful. I totally agree what you're saying everyday.

Woman: Okay, we have people here who are against what we're talking. We should just be quiet.

2nd Woman: No, I'm agreeing with you.

Woman: Thank you.

Clint: I'm also agreeing. There's only God here I agree.

Student: Dr. Clint Thompson I have a question for you. You speak with a certain authority and you say you know certain things. But how do you know other than Swami has said?

Clint: Through personal experience under Swami's guidance.

Student: You personally experienced that Jesus Christ knows the things that you say he knows? That Buddha knows what you say he knows. Because when you say those things, if you haven't the experiences, where are you speaking from? Where is your knowledge coming from other than you heard Swami say it?

Clint: Some of the things I'm saying I am echoing what I heard from Swami, as a student. Other things, from my first listening to Swami, I received that understanding and then experienced it myself, tasted it myself. In terms of what you're asking about Jesus and Buddha, I'm repeating the same knowledge that I heard Swami say.

Woman: So do you know?

Clint: No, I have not had a conversation with Jesus or Buddha about that. But I'm eagerly ready for such a conversation.

Swami: Okay, well done, good job. Okay, guys, wow. *(To the woman in the audience asking the questions of Clint.)* I like the way of your accent. It's Italian?

Woman: No, Slovakia.

The Creation Consists of Both Positive & Negative Energy

Swami: If we start arguing, guys, it's forever and ever. There's no real answer. We're all instruments in His hands. The Cosmic is really playing in a beautiful way. The same Cosmic is playing in a negative way too—earthquakes, tsunamis, disasters. If God is purely 'Divine'¹⁵, He has to stop the tsunamis. He has to stop the earthquakes. Millions of innocent people have died so far. The battles, the fightings, all the crazy illusions are hitting. In some angles completely some dark energy is hitting. If really the Divine is there, why can't He protect that? I'm sorry. Some angles if there's a positive there, there's a negative, too. ***If God is there, there is a devil, too. If a good is there, there is also bad, too. Otherwise you can't recognize the good. Without a villain there is no hero.***

They found some channels in the ancient days. Of course, many people practiced them. And what your Swami taught ten years back in America, the *Five Element's Process*, many people practiced it; they charged and discharged. They received a lot of transmissions. So, it depends on your belief system. If your heart is closed and you keep doing it... If you close your eyes and put a beautiful woman in front of you, and describe how beautiful she is and keep describing how beautiful she is but you keep your eyes closed, it's a waste of time. If you open your eyes and try to understand, then you're able to see certain things. When our heart is closed, it takes time until you get a big stroke. Like you're a tough coconut, we need to break it with a high pressure to make you awake to see.

¹⁵ In this context, Swami is meaning if God is only the positive qualities.

When we came from our mother, we came as flesh, meat. Then we grew into a beauty. Then in our 80's and 90's we're using a stick and bending. Then gone. It's all a cycle. You don't have the same energy now as 10 years, 20 years back but you're in the same body. The body also requires some energy to push it. If this house is not clean in a perfect way in some angles, your soul is also a little bumpy disturbing. It's like a magnet. So you go on a power journey to Peru. Why do you need to go there? What is hidden there? Why do you need to go on that mountain? The earth vibrations are very strong and it affects your soul in a beautiful way. Some people go to the holy rivers and take a bath. It's beautiful. The water will change your energy system. It will happen with or without your notice like with the fire element. If you know about the fire and put your finger in it, it burns it. If you don't know and put your finger, still it burns it. The energy is like that. We have to take the levels step-by-step what those guys did in the ancient days. We have some evidence, some prayers, mantras, slokas, and yantras in the ancient palm leaf books. Whatever system we believe, what religion we belong to. I'm totally a strong believer on Jesus. I'm a strong believer on Buddha.

Jesus was carrying unbelievable abilities. They say he suffered for us and was crucified. Why did he need to get crucified? If we really go in the depth conversation on that controversy, why did he need to get crucified? Why was it necessary? What was the message in that? Okay, he suffered for us but what is the inner message? What happened to his 12 students? Did anybody get success? Why didn't anybody get success? One guy, Thomas, was always suspecting him. Why couldn't Jesus change him? If he was really God why couldn't he change him? Why couldn't he? There are no answers.

We're all instruments. If we do certain processes, in certain angles through that energy we can receive. But if we misplay with the energy we can lose it. If we play perfectly we might get it. There isn't a 100% guarantee but you might get it.

The element's energies are a good purification for the soul, to mind, and the heart. The elements do not belong to any religion. It is necessary to keep our energy in a pretty good standard. Even your Swami, of course, I have a lot of desires. I was born as a human. I get headaches, fevers, nausea, hunger. It's natural once you come on Earth. You have to taste everything. You have to see everything, both sides.

So, belief, strong determination, and discipline are necessary no matter which religion you belong to. If you believe, miracles can happen. If you don't believe it, still miracles will happen but you can't see them. You need to be very alert to believe and be able to see it. That's tricky.

The Process

The time is going very fast. So if your hearts are open, guys, we'll do some process. I'll give the five element's charging energy. And I'll give one higher level process. It's called the *Inner Elements' Purification Process*. Everybody's ready? For five to ten minutes completely relax. Close your eyes. Just relax. Try to maintain complete pin-drop silence. Try to go as much as you can to *the* best silence place and stay there for a while.

Good. How many people here are doing or have done the *Five Element's Process*?
(*Many people raised their hands in the audience.*)

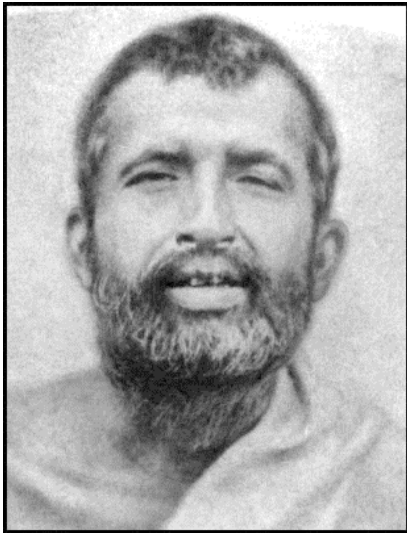
(*to the woman who was in the dialog with Clint*) You did some?

Woman: Earth and fire.

Swami: I'm already missing India. No, it's my home. It's a beautiful power spot. Actually I thought to complete the process last night and take off this morning but your love and energy brought me here.

So we'll make a deal. It's impressive this many people did the *Five Elements' Process*. The *1st Earth Mantra* is a kind of huge prayer. ***What I want to give in this process is linking the Inner Elements with the Shiva energy. Then you can make your own Soul Object.*** You might think, like Clint said, "A soul is living in me." Never know whether one soul is in him or two souls or three souls. Maybe many souls keep entering and going out. But some divine spark is hidden in each body in each place in the entire Creation. But especially in human beings the most powerful spark is hidden. Human beings are the best life compared with all Creation. That's why we're the number one planet to face a lot of headaches. Compared to the whole Creation the human creation is facing lot of headaches. Because the energy is either on one side super positive and same time other side we're facing the crazy way, too. So, where is the limit in spirituality to discover that divine spark?

Paramahansa Ramakrishna and Bhairavi Mata



I want to tell a small story which you probably already know. In his early days, Paramahansa Ramakrishna was a big boozier. No discipline. He was born into a very disciplined family. His brother was a priest in a Mother Divine temple. Only certain families could perform pujas in those temples. His habits were horrible in all angles so his brother was there. In his family, he was the only left to go and perform the pujas in the Mother Divine temple. The whole village closed the temple because he was the only other person in that village to do the pujas.

Paramahansa was a big boozier and didn't want to go inside the temple to do the worship. He thought why I should care about the statue and put all the flowers and stuff, that's nonsense. That was his belief system. First of all, he didn't believe in God and he was a pretty good enjoyment person.

One night he had huge alcohol. Unbelievable rain was hitting. On the way to his home there was only one place he could step out of the rain. That was the Mother Divine temple. He entered into the temple to take a little shelter. As he entered, his first footsteps into the Mother Divine temple, the doors opened. There was amazing thunder outside. He saw the Mother Divine statue and was really drawn to it, "Wow, what a beautiful statue. I didn't see the energy like this—so touching. I really missed this since many years."

From that night onwards he just stayed in the temple. He didn't go to his house, just stayed there in one corner worshipping Mother Divine. For almost 12 years he did his sadhana, everyday cleaning Her, putting flowers. All the village people came and everybody thought a big miracle had changed his life. "That's something great."

But he was experiencing some testings now and then. Everyday he went to the river to take a bath then came back to the temple. One day when he was taking a shower in the river, he got stuck in a huge whirlpool. He was almost going to die. He was shouting, "Please help, help." A lady gave a hand and pulled him out. He saw the bangles, the hand pulling him out! After he came out he thought, "Who was that?" Nobody was there but Her saw Her very clearly. Then in the temple, he closed the door. He put prasad¹⁶ there. It disappeared. Like that, he experienced

¹⁶ Food offered to God.

many, many testings. Finally, he came to one great confirmation, "She is here. She is following me all the time. But I need to see You. I have to talk to You, no matter what. I did 12 years with You but You need to come out¹⁷. I need to talk to You." He had huge desire. He received amazing experiences.

One night he got super sick and was sleeping in the temple. He closed the doors. No one could enter but a lady had fed him. In the morning he was alert and saw all the food items around him. He didn't know where the food came from. There was no chance anyone could come in because the doors were locked. Like that, he saw the layers and layers of protection She was playing on him.

Then he came to a final conclusion. After 12 years, he started arguing with the statue, "Come out, come out, come out." He was fed up. His heart was broken. He had totally fallen in love. He wanted to see Her. Then he got depressed. Then he thought, "Okay, I'll kill myself. If I have to die without seeing You, why I should live in this life?" Then he locked the door. He took the sword from Her hand¹⁸ to kill himself. Just before he was going to kill himself, somebody knocked from outside the door.

He said, "The temple is closed. I cannot do the puja. There is no God on the planet, no Goddess in the planet. This is all nonsense. Get out."

The lady outside said, "Hey, Ramakrishna, don't worry. Mother sent me to you to bring you some place."

He said, "Who is the Mother? No, I don't believe that. I'm going to die." He's thinking how to die, how to kill himself. Then he thought, "Okay, wait a minute." Then he asked the lady, "You sure She's calling me? To where?"

She said, "If you open the door I'll let you know." Then he took the knife and with an angry face opened the door, "Where do we have to go?"

She said, "Just follow me." Then he threw the knife in the temple and walked with her.

Where she brought him was to the graveyard. In the graveyard she was smiling and sat under the tree, "Okay, what's your problem, Ramakrishna?"

He got hysterical, "What!! You said you were going to show the Mother and She invited me but you brought me here to the graveyard. Are you crazy? Who are you?"

¹⁷ Of the statue

¹⁸ The statue

Then she said, "Well, you really want to see the Mother?"

He said, "Yes."

She said, "Can you do one little testing?"

He told her, "No problem. I'll do whatever you say."

She asked, "What's happening there?"

He said, "A dead body is burning."

She told him, "Go and get the hand from that dead body."

He said, "What? If I get the hand you'll show the Mother?" He was in a huge trauma. He was ready to do anything to see the Mother. So he brought her that half-baked hand.

Then he brought it, "Okay, it's a terrible smell." He was all the time in the temple with the beautiful dhoop¹⁹ and incense. All of sudden he was in the graveyard.

Then she said, "Okay, eat it."

Then he really got frustrated, "Shut up, who are you? It's crazy."

Then she took that hand, "Okay I'll eat it." In seconds the hand turned into sugarcane!

Then he looked at her, "What? How did it happen? It's sugarcane!"

She said, "Yes. You did the devotion way but you don't know the channels. You want to see the high level, you want to reach the high stage, you need the steps. Without steps you cannot jump. You need to go step-by-step. First, you need to see some spirits, then next angels, then divine souls, then finally connect to the Mother. Don't make a straight take off or you'll go crazy. I will teach you the channels. Then she was the guru to him. Her name was Bhairavi Mata. She really taught him, gave the initiation to him in the graveyard. She gave the channels to the Mother Divine. Then he connected to all the divine angels and divine souls. Then he connected to the Mother. He had amazing experiences his whole life.

¹⁹ Fragrant incense used in temples.

Some of the channels he did still exist in the Indian tradition, we want to share that with you today. This process you have to be pretty... how many people don't know how to swim?

Process Mantra

Om dheem kleem saum
Mama
Guru guru paramaguru
Pancha bhuuta
Svarupa
Hesraim nesryaim tesraim
Pahi pahi
Raksha raksha rakshamam

Dheem, kleem, saum —the three characters Brahma, Vishnu, Maheswara—G.O.D.

Hesraim, nesryaim, tesraim —Lakshmi, Durga, Saraswati

Guru is you; next ***guru*** is whoever taught you; then finally ***paramaguru*** to seeing the divine souls.

Panchabhuta is indirectly all the five elements. In Sanskrit *pancha* means five and *bhuuta* means devils and at same time it means elements. In Sanskrit, *Panchabhuta*, means five elements. If you divide each word, *pancha* means five and *bhuuta* means devil²⁰.

Swarupa is the structure of the elements. You're taking all the five elements in one form. You're asking lady characters who are linked with Brahma, Vishnu, Maheshwara who manifested and are in charge of the five elements, to these guys and their lady characters—Lakshmi, Durga, Saraswati. Lakshmi means for prosperity (with Vishnu); Durga is the power (with Shiva), and Saraswati is the knowledge (with Brahma). Of these three characters, Saraswati is the most powerful with the knowledge. Once you have Saraswati, the knowledge, in your life, nobody can steal it from you. You might lose the power, Durga. You might lose the prosperity, Lakshmi. But you cannot lose knowledge, Saraswati.

Pahi pahi means you're asking heartfully.

²⁰ Swami's teachings tells us that when the five elements are strong and balanced within a human being their 'inner devils', blocks such as jealousy, pride, anger, greed, lust, unworthiness, fear, are conquered.

Raksha raksha rakshamam means protection and receiving.

This prayer is in Telugu and Sanskrit. This is also completely charging the five elements in your body. You don't need to do all the five elements. Once you do this, it's done. You got everything in the five element's energies. Maybe many people will get upset, "Why couldn't you tell that ten years back? We put our thumb in the earth and we did all the stuff." But in the five elements I strictly told how to heal with the water element, fire element, earth element, and to connect to the angels for yourself through the *Sky Mantra*. And the *saum* word (*1st Earth Mantra*) is almost linked with the *Sky Mantra*. Whenever you're walking in the nature make access in your body chanting, "Saum, saum, saum, saum." It's advisable to do it.

Diksha

- Chant everyday 108 times (1 mala) for 101 days. Advisable to do after sunset.
- During the 101 days, strictly, if possible, try to be vegetarian. Fish and eggs, dairy items are ok. It's the doctor's advice. Not eating blood items when you're doing this process. If you cannot, go ahead.
- Should not drink alcohol.
- You should not visit a graveyard, even for a funeral. 99% try to avoid it. If it's necessary go on that day don't do the process (chant the mantra) and whatever you wore to that funeral don't ever wear it again. Give it away.
- Until you got purified doing the sandhana²¹, it's hard to lift you some angles. It's better to go step-by-step, layer-by-layer.

Completion of the Process—Manifesting a Shiva Lingam

Anytime after 101 days we'll go to some river or ocean and perform a fire puja. Every person will sit. We'll take the sand, mud. We'll make a lottery of seven or eight persons. You'll put the sand in a big bucket then everybody will touch that sand with your hand. Then that seven or eight people will pull it out. Then we'll do abhishek²² to whatever shows up there. Then it's a big transmission right there to your soul.

²¹ Spiritual practice

²² Washing of a holy object with water or milk.

Then next step I will give another channeling to experience, to receive. Then that object is every person's soul object. That's every person's one object; your energy is right there. Your energy is right there.

Questions on the Process

Swami: Does any person have hard time not drinking alcohol? Who's a big boozier here? It's okay, be honest. What do you drink?

Student: Wine.

Swami: I like wine, too. Who cannot do this process? It just takes 10 minutes every day. It's not a big problem. Then day-by-day you start feeling what is this energy. Everyday you're lifting up, lifting up, lifting up. Even you're doing any process, you can do that to. But it's seriously advisable to take this one.

Like what I did in Laytonville, how did I do it there? Actually that group started in 2003. Then I didn't show up for 2 ½ years. To me to come to America is a kind of a big headache, ooooh. I hit Germany, Europe many times. Coming to America is all the way (across globe). It's okay but...

Clint: A group process Swami began in 2003 with a mantra like this and a diksha. The culmination of that involved the group members collecting sand from a river and making it very fine and then keeping it themselves. Then when Swami came back and met with the group and had another group process with him, and from that sand a Shiva lingam was manifested.

Swami: What? How it's possible?

Clint: Through your grace and the five elements. It was done literally in the hands of one of the group members, Chinello.

Swami: At the time how many guys participated in that here?

Clint: The Atma Lingam group.

Swami: So you had it in your hands? What was your experience?

Chinello: Divine grace. It happened so quick I couldn't even think a thought—complete peace, complete grace.

Swami: How many people were around?

Chinello: Eight people.

Swami: How did you feel when you touched it?

Chinello: My hand went into the sand and I was feeling the sand for a couple of seconds and then I felt the lingam manifest right there.

Swami: Did anybody put anything in the sand before?

Chinello: No. It was just sand.

Swami: Something we need to experience before we take off from our life. We need to see something that you cannot believe. We have to experience something, whether it's supernatural magic or whatever it is. Something needs to make your soul, your mind, your heart happy, "Wow, what is this?" Then you'll start receiving some energy. If you feel, "Okay, it's a magic," it's magic. If you feel, "Okay, it's a great energy," it's a great energy. It depends on how you're describing it yourself. But you will experience that too.

Raymond: If we have to go to the graveyard and stop the process on that day, does it mean we have to start the 101 days again from the beginning?

Swami: 101 days later you can be in the normal life to do whatever you want to do. If you can pull me that'll be great; it's in everybody's hands. What date is the 101st day?

Audience: Can we do this if we haven't had the basic level five elements?

Swami: No problem. Then next level I want to give the *JC Channels* in a very fast track way. If you take this process in fast track way and get success then I'll put you in the *JC Channels* fast track. Like two to three days we'll have to spend somewhere in complete privacy in the nature to hit it.

Audience: Suppose we're very sick, can we still do this?

Swami: No problem.

Raymond: The 101 days is up around the beginning of March.

Audience: So if we're in the middle of doing the *Five Elements' Process* now, should we stop and do this instead?

Swami: Yes, you can do this. You can jump. But it's good to know all the five elements' energies, too (through doing the *Five Elements Process*). It's good to know. They're all systematic.

Audience: When can we start to heal using the five elements?

Swami: After today, you can start. Today is the first day (of the process). Then you can do it tomorrow onwards.

JDR: During the process? Can start to heal she's asking?

Swami: Yes, you can start to do it. Yes, yes, I understand what she's asking.

Student: After we complete the 101 days, do we use the same *Guru Guru Paramaguru* like we do when in the *Five Elements' Process*?

Swami: I'll let you know after you do it. It's already here *Mama, Paramaguru*. Clear?

Student: Can we eat pork?

Swami: No, no, no.

Student: Sometimes in soy sauce and vanilla they have alcohol.

Swami: Try to avoid it you know. If it accidentally happens in your body it's okay but don't take too much.

Audience: So we're purifying the Inner Elements also?

Swami: Yes. Yes.

Audience: Can we give this process to somebody at our home?

Swami: No. This is only for those who are exclusively here today. Until you do it 101 days. Then you can take a candle and receive the initiation. ***After you complete the initiation then you can teach it but until then, no.*** Even who really misses here the candle initiation after the 101 days, it's a little difficult.

Audience: What time of day you recommend?

Swami: Do it after sunset.

Audience: Is there a yantra with this process?

Swami: No. No. No. I've taught many yantras. In Joshua Tree, I just taught *The Kalachakra*, to fix the guardian angel protection around them. If you're still in that you can do that too. But this one you're asking the five elements and inner elements to pull Shiva energy in your life. You need to experience the Generator, Operator, and Destroyer (G.O.D.) right in front of you. You have to experience it.

Student: Am I understanding you that we can do any other process, too, when we're doing this process?

Swami: Yes, you can do any other process too but try to spend 10 minutes for this.

Jim: After the 101 days you mentioned there would be an initiation. Do we wait for you to do that or we do that ourselves?

Swami: After the 101 days either you guys have to come to India or you have to pull me here to America.

Student: Do we chant out loud or internally?

Swami: As you like. Clear? Every person has a personal mala? I recommend to use a lotus or rudraksha mala.

Initiation

Everyone light and hold a candle. Close your eyes for one minute. Say thanks to your parents, your mom and dad who brought you here on the planet. Thanks to God. Open your heart to Him to whatever He wants to bring in your life. It's all His mercy, His kindness, His love on you. Your heart is totally open whatever He is going to bless in your life. He's everything. He is with us. He will be with us forever and ever.

You will be truthful to yourself, to your soul. You'll be honest to yourself. Your soul is totally open to understand the generating, operating, and destroying. Your heart is totally open to the Creation. Your heart is open for the truth.

Now, open your eyes and look at your candle with your two eyes non-stop as much as you can without blinking and try to chant what I say:

Om mama guru Brahma, guru Vishnuhu, guru Devo Maheshwaraha, Guru sakshat Parabramha, tasmai shri guru vena namaha, Ananta, Gayatri, shakti, Gayatri, mama, Gayatri, atma, Gayatri, paramatma, Gayatri, sarva, dosha Ganesha

nivaarana, sarva, karma, papa papa papa nivaarana, sakalam, Namah Shivaya, sakalam, Namah Shivaya, sakalam, Namah Shivaya, Bhuu, Nakshatra, Bhuu, Chandra, Mandala, Bhuu loka, Bhuu loka Bhuu loka, Pancha Bhuta, swarupa mama mama, atma, shakti, mama paramatma shakti, mama guru guru paramaguru, yoga, shakti swarupa, maha maha, shakti shakti shakti, hesraim nesryaim tesraim aim kleem saum dheem kleem saum maha maha prazvala prazvala prazvala agni agni dhuni dhuni dhuni pahi pahi raksha raksha mama atma annida sharanam mama atma annida sharanam satya dharma shanty prema swarupa sakala guru datta swarupa dattatreya pahi pahi pahi pahi sharanam sharanam sharanam raksha raksha, raksha raksha, raksha raksha, Namah Shivaya, Namah Shivaya, pahi pahi Namah Shivaya, rakshamam rakshamam rakshamam.

In your deep heart chant 'Om Namah Shivaya' for five minutes.

Good. You can turn off your candles. Keep the candle and make it tonight in your room.

So, you guys, come to India or I'm coming to America. Who's coming first? Me? Ok. It's same exact process, but different way that took 2 ½ years with a group of 25 to 30 people. So you need to do very strict discipline so your Swami will show up. I will visit. We will make it happen. I'm giving new name to your group, 'Swami Group.' So you're breaking what I taught for 10 years, the elements. You're taking the by-pass.

Swami Makes a Prediction about His Students

Some interesting things will also happen at Guru Purnima. In last week of June and July, more than 100 students are learning at our University right now in Penukonda. Very seriously they're learning a lot of angles of powerful channels. Even if you guys come for two to three days on that Guru Purnima festival day, unbelievable different experiences everyday. So it's advisable, how the serious students who one year intensely learned the ancient knowledge from me from the palm leaf books and what they're going to prove. You need to witness that, to see it. That's a new thrill. We're giving a new abbreviation on spirituality. ***During his time, the Big Boss, Jesus Christ, mentioned that who really believed in him, his disciples and students, would become more powerful than him. So that day is coming very soon.*** Already many people reached high levels. They connected to amazing things. So the bridge has already been made really strong. It's really happening very strongly. By grace of Mother, even though a lot of illusions are playing on your Swami, not in a crazy way, but in some angles it wants to hit it.

For example, in Joshua Tree I wanted to do fire puja. I told them, "If I'm not doing a fire puja, guys, I'm leaving. Or we have to go an hour drive to do the puja. They're not giving the permission to do the fire puja outdoors because of the zoning

problems, fire laws for doing it in the desert." Final climax moment they got the permission. "Swami, we got the permission to do the puja outside. We can do it." Suddenly I changed my mind, "Let's do it inside." When we started to do the fire puja, unbelievable rain and wind flowed out. That's illusion. That's maya.

Even though any incidents, up and down, are happening in your life take it as a sporty and go. There's no chance the illusions can touch you, guys. Last night I gave the healing. Today you got the fire element initiation. Huge protection circles you have. What you chanted is an unbelievable strong prayer.

So by grace of Baba, Mother and Big Boss, I'll be back very soon to complete the process. Step-by-step you have to reach your final destiny to know who you are. God bless you, guys. Take care. And I'm heartfully thanking Jonathan and Alx for bringing me here.

End of Program