

Swami's International Programs 2009

Kempinski Hotel Frankfurt, Germany

Surya Nadi Initiation

September 13, 2009



Copyright Notice: World rights reserved by Shirdi Sai Global Trust, Penukonda, India. No part of this publication may be stored in a retrieval system, transmitted in any form, by any means, or reproduced in any way, including, but not limited to email transmission, photocopy, photograph, magnetic, or other record, without the prior agreement and written permission by Shirdi Sai Global Trust, Penukonda, India. No part may be copied or quoted in any publications or sold without permission by Shirdi Sai Global Trust, Penukonda, India.

Swami's International Programs 2009

Kempinski Hotel Frankfurt, Germany

Surya Nadi Initiation

September 13, 2009

Sabeena playing the flute

Swami: Good, thank you. Good afternoon guys!

Students: Good afternoon Swami!

Swami: Welcome to everybody to Kempinski Hotel. (*laughter*) Now it's a small Shiva Sai Mandir, Penukonda...Penukonda is here...This is a very less time to give the shaktipat this many hundreds of people. You want to me to talk too much, or you want me just start to giving the shaktipat?

Students: Both!

Swami: Both? It takes to prepare the sandalwood paste, and I came with the high, high, high energy. Since nine days your swami is in

Germany. Since nine days I'm in Kempinski Hotel like a prisoner, and I went to Vatican again - seventeen hours drive. Seventeen hours drive, ten hours flight from to India, from Penukonda to Bangalore Airport three hours. And it's pretty... to the body, it's a pretty challenge. Why I went to Vatican, to see maybe there is any Jesus power-spot also, also one more powerspot there too. I want to scan it. Pretty good I scanned. No, nein, nein... (*laughter and applause*). I don't know what - I'm not against to the Catholic Church - I don't know what the Pope is doing. I don't know. Their statements and their messages, one part, is wonderful, one part it's a little confusing. I don't know where is the spirituality, is going into the wrong direction, or right direction. After seeing the Vatican I'm seeing the Tirupati in India. How many people seen the Tirupati? Tirupati is one thousand times as powerful. I'm not exaggerating it. Before I start to giving a little talk, then I will introduce the Clint Thompson. He wants to talk little bit what I've given, the Surya Nadi Process. Surya Nadi is the most, most powerful process. It's the Surya and Chandra, Sun and Moon Process.

This two things is the most effectful on our body, on our soul, on our consciousness. Early morning we have different vibrations. On Full Moon we have different vibrations. On New Moon in our soul vibrations is different. And I'll explain a little bit, and right know we don't have much time to draw the Surya Chakra, and I will draw that from India and I will send it to you, and everybody can have it in your neck or in your bedroom. It should be very tiny bit, one inch by one inch. If you wear in your neck, it should not cross the one inch. But somebody will prepare that.

Any metal you can prepare? The sun energy how much it will flow on you. Without sun cosmic energy in our consciousness... this all type of terrible blocks, and it will flow once we suck the sun cosmic energy and moon cosmic energy. Today I'm giving the shaktipat of the sun, Surya - Surya Nadi Process. Sun is the main reason for entire creation. Without no sun there is no creation, we are not here. Even the Mother, even the Shiva. Shiva holding the sun energy, the fire element in his third-eye - the third-eye energy. That cosmic energy I'm giving to you through the sandalwood paste, and to rub on your forehead. And is anybody have hesitate I put the sandalwood paste on your forehead? Can you raise the hands? It's the sandalwood, it's good smell! (*laughter*) And I'll explain more details on that through mail, and all the stuff to you. We don't have that much more time. Please, Clint Thompson from America.

What I did it already in the Surya Nadi Process without very short notice, even I surprised here today. One week advanced notice I've given that I'm coming. You are all here! If I gave one month advanced notice I'm a chapati. I'm a? chapati. I'm sure a lot of people will show up. In America also, thousands of people took it the process and they already seen that experinces. Faith and belief system is very important. I'll give that benefits briefly later. I'll give a chance to the Clint what happened in America. Please.

Clint: Thank you Swami. I can't believe it either.

Swami: Me too, either.

Clint: Who here could imagine we would be together like this one week ago? How many people here who imagine we'd be here three days ago? That's the Surya Nadi, that's the power of that. Just one month ago, suddenly Swami said, „Why can't I go to America?“ Right after that most... program in Switzerland. This was on a Wednesday night then in just two, three days of planing, the program happened on a Sunday. Amazing travel that Swami has been doing the last weeks, worlwide travel. No doubt the physical body has to be exhausted. I'm pretty good exhausted.

Swami: You are a doctor, you should not say that. (*laughter*)

Clint: The energy that is flowing through Guruji, our master, is just incredible. I have to say these last days, this time with you now, Swami, it's enough to fulfil my life... these days, it's enough to fulfil my enlightenment. So just in forty-eight hours, seventy-two hours, the program happened. We didn't know what would be...we didn't know the word Surya Nadi at that time. Just knowing Swami is coming to America...we set a program up in Laytonville, in Northern California. Very remote forest, beautiful nature, beautiful Vaastu but very remote. Three hours from San Francisco, north. By the time you get to the temple, you have to go on a tiny little one lane road. If someone is coming down the mountain, you have to back up, find a place to pass.

Still, in forty-eight hours, seventy-two hours, hundreds of people came together not knowing why, other than it was presence, and darshan, and grace of Swami Kaleshwar they came for. Just six or seven hours - that's it, the entire time that he was there. It took three times that time to travel back and forth. That, at that moment during that time, he spoke the first time release the Surya Nadi, and spoke a little bit more about the Chandra Nadi too. Maybe he'll speak little bit more on that today, I don't know.

The breath in, and the breath out, wake up - breath in. Go to sleep - breath out. Amazing depth reality, knowledge, totally hidden until now. We can all feel the magnetism of the truth. Since he released that process in America one month ago, now one thousand three hundred Americans have started that process, more than a thousand Europeans. All of us are gathered together, with no notice, just boom it happens. The benefits of the process is stunning. It's a simple process, but it's the real thing. For more than twelve years since I've known Swami, he's been teaching the shortcuts that we need now on the planet to reach the highest stages. This seems like a shortcut's shortcut. It's simple, it's powerful - already we are feeling those vibrations. Swami's main ambition is to create the most powerful healers, to create us as the most powerful healers, the most powerful healers, healer, healer, healer. Right now he is demonstrating the most supernatural, miraculous capacities around him - this is his presence, supernatural miraculous healings, enlightenment.

This hundreds of people who came to Laytonville, they found themselves there in that short time, six hours, amazing transmission. Incredible! It is a tsunami breaking on the planet. With this initiation, with the shaktipat, the main message, the main intention there is to cut off the satin energies. To cut those negative illusions flowing on us. Once we have that cut, then there is a natural bliss, there is a natural clarity - being aware what's happening, what am I doing, where am I?

So we love to hear Swami talk, but it's his presence that's what we are here for, that's what our souls are hungry for. We need to stop our monkeyminds and receive the shaktipat as fully as we can with a pure open heart, receive that transmission. It's a great blessing and opportunity. Everyone is so lucky. I'm so happy. In the future, ok today it's three, four hours, it doesn't seem like much time - it's more than enough time at the level of the soul. Most powerful healer means, soul level, heart level, physical level. This is a miraculous transmission. Until now on the planet, until the grace of Swami is bringing this into

our lives, only three characters before have done this process, have implemented this channel. That's Buddha, Jesus and Shirdi Baba.

Now there is four hundred and fifty people in this room...join that group. There's a couple of thousand people on the planet joining that club. It's not a joke. It's astounding. There isn't really high... possible here when we talk about it. In the future, even receive five minutes darshan, simple darshan, seeing and being in the physical presence of Swami, that won't be so easy. I can say very clearly over the history of the years watching and being with Swami, the time to have his presence is dwindling. It's not so easy to receive this kind of energy. Really is a Penukonda in Frankfurt today. It's a beautiful walk on the lawn and seeing groups of people meditating and walking with their malas. Hey, where could you find that experience in the world? Where could you find that kind of family? This kind of shared intention, where can you find that?

You can find that here, you can find that around Swami. You can find that around the Divine Lineage of the True Knowledge that still exists. Breath in - breath out. So - Ham, simple prayer, simple diksha, very simple process for short time, then amazing powerful results. We need to accept that it's true. We're all sitting here because we believe one part it's true. In America the results they get shown. They have been shown. People still say, Please let the initiation continue, let the initiation continue! Something is happening, breath in - breath out. Purifying many lifetimes, lifetimes and lifetimes of karmas. Lifetimes way before this one, and also lifetimes coming. That is our grace what we are receiving today.

Swami: Good thank you. Whatever the Clint Thompson he... I think he is exaggerating isn't it? Hey, after I've been in Germany my throat is got little catch cold, isn't it, doctor ?

Clint: Yes.

Swami: Whenever the Germans is speaking, is very rough-wise. I thought why their voice is rough? Now I can feel it, it's the cold breeze. You're staying in the cold breeze but it's a lovely nature. I'm completely meditating, chanting, chanting, meditating, chanting, very quiet chanting. Bringing that vibrations, pulling the vibrations until

ready to give it. Let me tell just five minutes briefly. If anybody wants to see some witness, I don't have the time here. I'm going to, in America in October 17th like that, hopefully. Once if I'm there, I taught them, I gave the energy breath in. Everything is.. our life is linked with fire element and air element, majority.

The air element automatic sucks the cosmic. Once we breath in, there are tons of vibrations we are breathing in. We're breathing out, tons of vibrations we are breathing out. It's the mechanism of the consciousness. On the days, there is the samadhis, Jiva Samadhis. Even after crucifixion the Big Boss came out again. (*Swami breathes in strongly*) came out again, breath in. The same process I'm giving to you. Whenever you're in your old age, if you know this technique, whenever you want to go out, go out. Whenever you want to come in you can come in. It's nothing, but I'm giving purely Shiva third-eye energy to your third-eye.

On the ancient days the saints they go to the river early morning. They take the holy bath, they took the holy water in the river until they sit here, and they stand here... the sun is hitting, the sun is coming on the water and hitting to their third-eye. Then the third-eye is started to making to reflecting a chakra, then it becomes very stronger. Any maharshis, if you see any documentry of the saints whenever they're doing their holy process of the sun in the river, they do that. The same process without you going in the water, your Swami is giving to you that - to making your third-eye very powerful.

Second point, the breath in and breath out, and I'm giving the, in Oct 17th, the Chandra Nadi Process in Laytonville. I'm sure more than a thousand people will show up there. We'll make a lottery there, nine people, nine people will lay down, I'll invite some powerful California doctors - let them do the process. If Clint will do it, maybe they think it's the Swami's student. Nine students, they will pass out for several hours dead - no breathing, completely consciousness is gone. Somewhere in the Brahma Consciousness the air element is, again after they chanted perfect prayer, it's a simple prayer, again come out. (*Swami breathing out*). I show to the few people in Penukonda, there one Jiva Samadhi. Any people they think even Shirdi Baba he passed his body, again he came back. He no need to come back, but using the Surya Nadi Process he came back.

Why I'm giving this? Once you have third-eye energy process, the Surya Nadi Process, whenever your old age time, your body cannot move, the health is not existing, you just want to go in your

Consciousness level – out! Then they can be out. This Swasa Kriya, the breath in Kriya, Kriya means a process, the breath in - breath out process completely is in your hands. Right now breath in - breath out is not in your hands. Once you took this process, breath in - breath out is in your hands. Breath in - breath out is in your hands. Your Swami also done couple times. Several days left, again came back. I know you don't believe it but hundreds of people seen it. That's why I think Dr. Clint Thompson, he examined it. You did it?

Clint: Yes. Guruji, first in 1998.

Swami: 1998, that means how many years back?

Clint: Eleven years ago.

Swami: Eleven years ago I did that. Then?

Clint: Then again in 1999, and again in 2000, 2001.

Swami: Why I did that, it's possible? Everything is possible. Your chakras you have to get in your control. Once who took this process, third-eye process, no anxiety, no jealousy, no depression, no heartbroken, no unnecessary illusions coming on you, no bad vastu attacking on you. You stay in negative bad vastu, if you know this process - high protection circles. Because of your third-eye energy, that much powerful. Pure Shiva energy. The Shiva lingam have no structure, it's round. Your third-eye energy is keep moving like a chakra, like a Shivalingam. Once you got the shaktipat, you'll start to feeling it but you have to promise to me one thing. Whatever your most addictive desire - if you're real alcoholic, if you really like the chocolates, somebody likes the smoking, whatever, you cannot stop that... if you promise that to me, I'm going to stop today," that type of people only I give the shaktipat otherwise no. Hello!?

Students: Yes Swami.

Swami: Some people are big smokers, big drinkers, big chocolates eating. *(laughter)* See they putted the chocolates here. I hate the chocolates but I love to listen the music. You have to sacrifice some addiction, your crazy mind addiction. One part remove it. It helps to your consciousness and to your process. It's only 41 days! I'm not making it stop forever - 41 days, it's a deal? Simone, what is your addiction?

Simone: Coffee!

Swami: You're sure you're going to stop?

Simone: I'm sure.

Swami: But you should not eat the coffee chocolates. *(laughter)* Who is really, really big alcoholic here, like the big boozers? Raise your hands, be honest! One two three. The smokers I know many people here. 41 days let the energy digest in you. Hello!

Students: Yes.

Swami: It's not sounds good?

Students: Yes!

Swami: Good!

Student: What if you don't have an addiction?

Swami: What? You don't have any addiction?

Student: There are things I like but I dont have an addiction.

Swami: Thats good, thats good! It's any questions anybody have?

Stand up.

Student: I'm very forgetful, and I started working again. When I forget one day, can I restart it?

Swami: No problem! Three days you can miss it!

Student: Me and my family, we already started the Surya Nadi Process by ourselves like ten days ago, so we were wondering if this is gonna be again day one, or we just gonna continue from here it's gonna be stronger from here?

Swami: Say again.

(The question is repeated)

Swami: Has your Swami touched your third-eye?

Student: No, not yet, so from this is gonna be day one again?

Swami: Day one.

Student: Ok, thank you.

Swami: Believe me, your Swami traveled Manasarova, whole world wide keep researching, researching... Pretty good the books is ready, the five volumes. I sended the Tobias and Paul Aryeh to Betlehem, and again in a very few days I have to go to the Kashmir, Haridwar, Kedarnath, Badrinath...that area. Whole globe researched, then giving to you some more in deth of more, more, more in the books with evidences. I practically, two times, I went to Vatican. I don't want to make any comments negatively on the Vatican. You will read in the book. For example, let's talk just as a layman, I'm not a spiritual teacher, as a simple man. The pope saying, Dont use the condoms. That

means the AIDS need to go spread very powerfully in the planet, and the millions of people are going to die. Is it advisable to saying that type of comment? Is that fair?

Students: No!

Swami: See, the wife and husband, they're saying, if they only want to have a kid they have to have the sex, otherwise you should not have the sex. Of course if my wife wants to have a kiss I can't give the making love - it's a nonsense. Nein!

(Students applause)

Swami: It's a devil's statement. It's a devil's statement. The globe need to protect it in a beautiful way. Does the Pope know the namashivaya? Vaastu? The eastern wisdom? About Tirupati, and Hampi and all the Kalahasti? What is in the east? What is in Himalayas? If he knows the Kumbha Mela, all the saints, Shirdi Baba he is very flexible. You want eat whatever you want eat but be disciplined. Practice and patience. Practice and? Patience! And he have Sathya, Dharma, Shanti, Prema, and he buried his Power Spot in his Gurusthan high powerful, high powerful. He did the most miraculous things. He is not a saint? He is not avadhut? He is not avatar? Jesus, he said, My students will become very powerful than me! That's my ambition, I want to become to make you healers. I want to you to be strong healer to help the globe around you. Each student who was here - helping at least ten people around you. Your family members, your friends, your circle, then it keeps spreading it. Keep? Spreading it. So spirituality...God never says don't do this, do this, do not, do this - He's given everything. Don't waste the time. Don't loose the health. Be disciplined. Discipline is the most important.

Your Swami coming and giving the shaktipat, and I'm giving a mala to you. That mala you should not never ever loose it. Your Gurumala you might, you're going to drop in the Ganga, holy Ganga in Benares, your pearl mala. Your meditation mala, anyhow just you have all the time with you. If what I'm giving today, that mala, to you today it is my soul connection to you, it is a connection to the Shirdi Baba's soul; it is a connection to the Jesus'soul! I'm not joking. Every night

whenever you're sleeping it just, you touch it and sleep. You no need to wear it and break it. Even you break it, again you can restring it, then you see the power of the mala, it's high, high, powerfully charged. Even you can wear the diamonds mala, that is nothing. It's a simple mala but it's the power.

if anybody is really sick and suffering with the negativity, let them hold for few minutes like several times, then you see the results. If you're not seeing the results, I will promise that. I will give guarantee to that. Somebody is having huge depression, somebody has huge heartbroken - give that mala, let them hold it. They no need to meditate anything, just think om nama shivaya, om namashivaya, like few minutes - leave it, the high energy will pass on, and I'm giving the sandalwood paste to you, little bit each others, and you can mix little more with sandalwood paste, and you can give to your friends. Every Full Moon and New Moon they can drop little bit on their third-eye, it's also high powerful protection. Any type of sicknesses, cancer, any diseases, any depression, anxiety, left out, rejection, anger, wounded heart, this type of any blocks - wash out. They have to do only Full Moon and New Moon anytime, ok other time. There is only one diksha to you, you should not eat the pork in your lifetime - forget it!!!! in your lifetime, forget it!!!!

Forty-one days, try to be very good diksha as much as you can. Let the energy digest in you. It's not a big deal forty-one days. In your lifespan forty-one days is not... Once the energy is digested in you, you are a Power-object. Your third-eye is Shiva's third-eye. If somebody is having, facing very negativity, even you look at their eyes straightly - it's burned. The negativity is burned. You close your eyes, and you are thinking on them in the distance, it's taking care. That much power today is the shaktipat. Clear? This much boons no saints didn't give so far in the planet.

If anybody want to see how the nine people will start the samadhi in California, how it's possible? I'll make them on the wood benches, keep hitting, hitting, hitting, hitting, hitting-gone. Let the few doctors can test. You'll see very soon, it's kind of sensation, you'll hear it, and also you can see whatever in videoclips and.. that will be quite amazing.

If I did the morning with them until to the evening, they are dead - again come back. That's only I can say. Whatever I've given...already talk's benefits. Again, somebody I recommend to them to make it in a transcript and give to them, and very soon, and I recommend to the

senior students, you no need to pay come to India and learn the knowledge. Take care your personal expences, and some more, more, processes, and learn the knowledge. By 2011 you don't know your Swami what he is going to do. To be honest I'm planning to take the Jiva Samadhi. After Guru Purnima finished, taking a Jiva Samadhi. I'll just to be disappear. I don't know where I will be, but majority I'll be...I don't want to release in nature.

Before that I will make you healers. If anybody really interested don't worry about money – come! Even if you don't have your personal expences, I supported so far hundreds of westerners since many years in ashram, complete I take care. This time you have very short period of time. Come for few months, five months, six months... Apply, come study some strong processes. Maha Shivaratri will be very quite amazing, next year February 12 - the quite amazing processes is running... Many people so far connected to the Mother and Jesus, Shiva - all the stuff but we'll do bit different phenomena. All yogas will be one more time completely reviewed. From several thousands of years until to now. It's very important you should see it, and witness it. You might think, "Swami I came three times, four times - nothing happened." You're not ready! Your soul is keep sucking, you're not ready.

Whenever you're ready, then I'll be there. I cannot really, can come down to make you, as your level. You have to come one level at least, then I can hit it. Clint, Ted, Tatyana - many students, hundreds of students they stayed, they practiced it. No doubt they will do amazing things more than me, more than the Jesus Christ. More than the Jesus Christ. Where is the Simon? Stand up. You did the Kandhana Yoga? Give the phone. (*mic*) What you did?

Simon: I cut a bird.

Swami: What?

Simon: I cut a bird.

Swami: You cutted the bird?

Simon: Yes.

Swami: Why?

Simon: As part of the process.

Swami: The bird is dead?

Simon: Yes.

Swami: How many people in your group?

Simon: Thirty-five.

Swami: Tell me why I should ask the questions? All thirty-five people touched the blood with their third-eye?

Simon: Yes.

Swami: The bird is on which statue?

Simon: On Jesus, on the statue of Jesus.

Swami: Jesus Statue.

Simon: Yes.

Swami: Who holded the bird?

Simon: Five....four people.

Swami: You sure a knife?

Simon: Yes, very sharp.

Swami: Very sharp? Still you have that knife?

Simon: Yes I do.

Swami: You still have the memory?

Simon: Yes.

Swami: How you cutted it?

Simon: Yes,

Swami: The bird is dead?

Simon: Yes.

Swami: You seen it?

Simon: Yes.

Swami: Everybody seen it?

Simon: Yes. Everbody in the process saw that the bird was dead.

Swami: I don't hear it!?

Simon: Yes. Everbody in the process saw that the bird was dead.

Swami: Then again it came back?

Simon: Yes it did, it came back alive.

Swami: Came back alive?

Simon: Completely healed.

Swami: Is it a magic?

Simon: No.

Swami: Speak loud!

Simon: No, its not magic.

Swami: Am I touched the bird?

Simon: No.

Swami: Am I touched the knife?

Simon: No.

Swami: Am I touched the bird?

Simon: No.

Swami: Am I touched you?

Simon: I think, yeah, you did hit me. (*laughter*)

Swami: I gave the little braveness to him - do it! Thirty-five people touched the blood and they put it on the third-eye, again it's back. Crucifixion – bird – crucifixion, animal crucifixion, human crucifixion, that's it. It is zoology. It is zoology. Inspect it, desect it, fix it. The energy is gone, again energy pulled it.

Swami to Simon: Your heart started open there?

Simon: Yes, I think, yeah amazing.

Swami: What?

Simon: Amazing.

Swami: It is possible anybody can see that type of experience?

Simon: Few students before, but I dont think so, no not many people.

Swami: Im not exaggerating it, I didnt even touch anything. They did it. They know the prayers. You know the crucifixion prayers?

Simon: Yes.

Swami: They did it, its gone - again it came. That is the supernatural spirituality. I cannot explain to the supernatural science. Science is the North Pole - spirituality is the South Pole. If it becomes together then the world will change. World will? Change. If you are the healers, if you know the certain perfect prayers...

Swami to Simon: You seen any palmleaf books with me?

Simon: Yes.

Swami: How many you seen?

Simon: There are hundreds and hundreds.

Swami: That palmleaf books I written it?

Simon: No.

Swami: Approximately how much old that is?

Simon: Two thousand, three thousand to seven thousand I think.

Swami: That books with the amazing formulas. It's not the Pope written it. It's not Pope written it. On the day Maharshis, on the day supernatural spiritual people, they written it. That I'm implementing it. Please open your hearts and understand. It's making you, your monkey mind is confused. I know....I'm hurting the bird there, but the bird is not receiving pain, it is very happy. The bird is? Born, again rebirth. As a powerful healer and a powerful saint, the bird's soul is a lucky soul. So this type of experiences, tons, you understand? You drank the wine, Lucia, isnt it?

Lucia: Yes, Swami I drank the wine.

Swami: What wine that is?

Lucia: It was not a normal wine. It was not a normal wine.

Swami: It was not a normal?

Lucia: No.

Swami: How it is that?

Lucia: The wine came through a process.

Swami: What process?

Lucia: First it was water and then it turned to wine.

Swami: Water to wine, you sure?

Lucia: Absolutely.

Swami: You ever tested before any wines?

Lucia: Yeah, I did but not that kind of wine.

Swami: This are all chocolates, this are all? Chocolates to make you open heart. Then giving you the process. To giving you? The process. Today, I came you one strong reason I have to focus on that. I don't want to divert any angle. I dont want to divert? Any angle. To give shaktipat, give the mala, have it, and I'll give the crystal stone. Whenever you have freetime just put that into water one...at nighttime and take the crystal out and that water drink it, its big purification of all chakras: Head, eye, Hrudaya Chakra, Nabi Chakra, Kama Chakra, Womb Chakra, Kundalini Chakra - all this type of different, different chakras purification, purification. Whenever the chakras got stuck on negative energy it will torturing you. So, shall we start the sandalwoodpaste to prepare?

Students: YES!

Swami: We don't have much time left but you have to cooperate. There is no movements the people can come and around. Ok guys, by the way, can I spray the sandalwood powder on you, guys, first bless it? Is anybody allergic? Hello?

Students: NO!

Swami preparing the powder and paste. Spraying the powder onto the people.

Swami: Close eyes! Done? This part? Can you start: Om Namashivaya, Shivayanama Om?

Preparing the paste in front of everyone on the stage.

For this 41 days what you are going to meditate:

Om tessraim rakshamaam

Om hessraim rakshamaam

As much as you have the time, five to twenty minutes before you're going to bed, or after you wake up in the morning. Sit in your bed and chant it. It's very, very, very, very important. This is like your personal mantra.

One is the *so ham* - breath in, breath out. Tessraim in the breath in, and Hessraim is the breath out - *so ham*. Why I'm saying *so-ham*, whenever we are breathing in without your mind consciousness, generally the Brahma Consciousness is chanting *so-ham*. You are switching that *tessraim* and *hessraim*. This is not your Swami's own masala, this is thousands of years old. In the palm leaf books it's written.

Swami gives shaktipat and final comments

Swami: *Tessraim* and *Hessraim*, these bijakshras are not your Swami's own masala. This is thousands of years from the palm leaf books. It's written. These are, most powerful bijaksharas, bijaksharas means pin letters to our consciousness. Everbody has the paste? Then you can receive it outside.

Then Full Moon and New Moon you can rub it on your third-eye a little bit, and you can mix in more sandalwood paste to give to your friends, and the same process you can teach to your friends too. And they have to receive the mala from Penukonda, from Baba's feet. Clear? If anybody's head is too big for the mala, it doesn't fit, you can wrap the mala on your wrist, no problem.

Now we will sit fifteen, twenty minutes in deep meditation. Don't think on anything. I know your problems, your blocks, all the stuff. I'll give the shaktipat, so hold that mala, very deeply, no thoughts for fifteen minutes, just be very quiet. After that, your Swami is saying good-bye to you, then you can get the paste outside, and for more further information on any questions, you can contact the staff, senior most students. And anybody wants to come to Shiva Ratri and even this Mother Divine Festival you don't need to pay. You can just come. If you can afford the time, and your presence, learn the knowledge. Don't waste the time. It's not that easy for your Swami to be available to you. In the future it won't be possible even you want to speak and want to hear directly from Swami face to face.

Now I touched your third-eye. It's already well connected between you and me. I know how to take care of you. Just give it to me, give your weight on me. I will be responsible, I will take care. Already I took care through giving the shaktipat. Don't feel you are carrying the weight. Be in good discipline.

Only one thought today to you - *don't waste the time*. Once the time is gone you can't get it back. You already wasted years forty, fifty, sixty years of your lifespan, and don't lose your health. And try to know who you are. Try to enjoy the PEACE. It doesn't matter if you have tons of money, a beautiful girlfriend, beautiful palace, beautiful cars, name and fame, if you don't have peace - that's the hell. *That's the hell*. I removed that hell, again don't purchase it. Be peaceful. Peaceful life is the most bliss.

Try to learn as much as you can. Experience some miracles. It's possible once you come to Penukonda. If your heart is open, like Simon, Lucia, Sarah, all the staff, and many, many hundreds of students, they experienced tons of things.

And at Shiva Ratri time, more we will review, and if you really want to experience one more stroke, America is not that far away to you. You can also have experience on the Oct. 17th there. Then once you see with your eyes, it will change your mind phenomena. Once you changed your mind phenomena, you are a different person. You are already a different person. How many people are coming to Shiva Ratri? Good. How many people are coming next week (Austria)? I understand. Good. Let's sit in the deep meditation. Close your eyes, don't look anybody. Done, double done.

Bholo Sainath Maharaj Ki Jai! Ananta koti Bramha da naiyaka raja di raja yogi raja Parabramham Sri satchitananda sam sadhguru Sainath Maharaji ki jai! Bholo Samasta Sadhguru Maharaji Ki Jai!

Thank you so much guys.

End of Talk